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# AN INVESTIGATION OF TEACHING BEHAVIORS AND PERSONAL CHARACTERISTICS OF NURSING INSTRUCTORS IN THE CLINICAL SETTING THAT FACILITATE THE LEARNING OF BACCALAUREATE NURSING STUDENTS

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by

## Patricia Ruttkay

A Dissertation Submitted to the Faculty of the School of Education of Loyola University of Chicago in Partial Fulfillment

of the Requirements for the Degree of

Doctor of Education

May

#### Patricia Ruttkay

## Loyola University of Chicago

# AN INVESTIGATION OF TEACHING BEHAVIORS AND PERSONAL CHARACTERISTICS OF NURSING INSTRUCTORS IN THE CLINICAL SETTING THAT FACILITATE

#### THE LEARNING OF BACCALAUREATE NURSING STUDENTS

This study addresses the following issue: Are the teaching behaviors identified in the nursing literature sufficient to define what characterizes the effective clinical instructor? Or are other behaviors necessary for effective clinical teaching?

In a preliminary qualitative study, nursing students identified 18 teaching behaviors and 14 personal characteristics of nursing instructors in the clinical setting that either facilitated or inhibited their learning. Using an instrument with a Likert-type scale, a survey of 483 baccalaureate nursing students was conducted to determine the degree to which their learning was facilitated by these 18 teaching behaviors and 14 personal characteristics. A Cronbach alpha statistical test was performed on the data to determine the internal consistency of the instrument used in the study. The 18 teaching behaviors were intercorrelated at an alpha of .90; the 14 personal characteristics were intercorrelated at an alpha of .92.

Based on the mean score, the items were ranked in descending order of importance to student learning. A principal-components factor analysis of the 18 teaching behaviors yielded the following five factors: The instructor who 1) promotes students' growth and development into the professional nurse role; 2) is a resource person for students in the clinical setting; 3) creates meaningful clinical learning experiences for students; 4) acts as a role model when teaching clinical procedures to students; 5) assists students to integrate theory into the practice setting.

The principal-components factor analysis of the 14 personal characteristics yielded the following three factors: The instructor who 1) creates a climate conducive to students' learning; 2) exhibits satisfaction with the nursing-teaching role; 3) shows concern for and consideration of others. The factors in each group appear to be hierarchical; therefore, Factor 1 is the most important overriding goal for each group.

This study reveals that, for the most part, the teaching behaviors and personal characteristics identified in the nursing literature are sufficient to define what characterizes the effective clinical instructor. However, students identified two personal characteristics of nursing instructors not cited in the literature that may be necessary for effective clinical teaching: kindness and honesty.

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#### CHAPTER I

#### INTRODUCTION

An integral part of professional nursing education programs is clinical instruction in hospital settings. Student nurses receive clinical instruction in five areas of health care delivery: medical nursing, surgical nursing, maternal nursing, child nursing, and mental health nursing. Students receive clinical instruction in community health settings as well. All professional nursing education programs require students to engage in clinical practice under the supervision of a nursing instructor. Clinical instruction appears to be unique to nursing and related health care professions such as dentistry, medicine, physical therapy, clinical counseling, and school psychology. Clinical instruction may be defined as "that instruction which occurs in settings and situations in which the student gives direct care to real clients as part of a planned learning activity" (O'Shea & Parsons, 1979, p. 411).

Prior to entering a patient care unit for the first time, the student may experience one or more conflicting emotions. Three commonly reported emotions are excitement, fear, and anxiety. The student experiences excitement because she is eager to assume the nursing role. At the same time, the student is fearful. She is fearful of what she might encounter in the hospital. She is uncertain of how she would react in a normal situation; she is even more fearful of an emergency situation. These feelings are reported to create a sense of

anxiety over the first clinical day (Garrett, Manuel, & Vincent, 1976; Selleck, 1982).

The dilemma the beginning student nurse faces is not unique to her; however, she is certain she is the only one who has ever been afraid to go into the clinical area. The student is anxious each time she enters a different clinical area with a new instructor. Although the student may have been successful in other clinical areas, her past performance does not guarantee success in an unfamiliar setting (Karns & Schwab, 1982). Students experience varying degrees of anxiety for two or three weeks into each clinical rotation. Occasionally, the anxiety lasts longer. Students have verbalized their anxiety. They have said, "I am afraid I will look stupid," or "I feel like I should know this by now."

Coupled with anxiety about the clinical setting is anxiety about each clinical instructor. The anxiety may stem from previous unpleasant experiences with nursing instructors, teachers, or other authority figures. It may stem from stories told by nursing students about negative experiences with a particular instructor. One student told the investigator, "Of all the instructors, I was the most afraid of you---I don't even know why. And you turned out to be my favorite one!" A number of students have told the investigator that they were afraid of some nursing instructors. One student said, "I felt so uncomfort-able." Another student said, "She was just waiting for me to make a mistake--she just stood by and didn't say anything."

Studies indicate that interpersonal relationships with nursing instructors are a source of considerable stress and anxiety for most

nursing students (Garrett et al., 1976; Blainey, 1980). Why should nursing students be afraid of their nursing instructors? Can learning take place in an atmosphere of fear and anxiety? There are no easy answers to these questions. Although nursing education has undergone many changes during the past 20 years, the fear and anxiety associated with the clinical area remains unchanged. Learning may be compromised in such an atmosphere. Shetland (1965) writes, "Fear of mistakes . . . has been so emphasized in nursing that it has caused paralysis. A rigidly controlled anxiety-laden learning environment will not produce nurses able to utilize their knowledge in new ways to meet both old and new problems" (p. 114). Although this statement was written over 20 years ago, vestiges of these attitudes remain today.

Why do nursing instructors tend to engender fear in students? This may be explained by reflecting upon nursing education as a mirror of society. For example, Griffith & Bakanauskas (1973) write as follows:

Since its inception, nursing education has perpetuated society's image of women as submissive and subordinate to men. Nurses have been dependent on the decisions of physicians. . . These attitudes are still prominent today in nursing education. Havbeen denied access to real power and control in nursing, faculty tend to exert power over students by placing them in submissive roles and utilizing manipulative strategies to maintain authority. (p. 104) Nursing instructors recognize that students are anxious in the clinical setting. However, instructors seldom acknowledge their own anxiety. O'Shea & Parsons (1979) state, "Because the student in the health-related professions works with real clients, there is some element of risk involved and therefore some concomitant learner and teacher anxiety. This anxiety and the environment itself combine to make the clinical setting unique" (p. 411).

The clinical setting is an environment unlike most other environments where learning occurs. The student nurse and the nursing instructor experience anxiety, but the nature of their anxieties is reported to be different. The student is anxious because she is in an unfamiliar environment. She does not know where the linen room is, how to get to x-ray, or where the waiting room is for her patient's relatives and friends. As the student tries to become used to her new surroundings, she must care for an ill person. If the student experiences too much anxiety, she may be unable to apply her knowledge and skills in a practice area. Simultaneously, the student nurse is being socialized into the role of a professional nurse. Certain behaviors are expected of her. It takes time to learn what these behaviors are and to internalize them. No wonder the student nurse is anxious!

The nursing instructor may be anxious because she is in an unpredictable setting. Certain events occur which are unexpected and beyond her control. It may be difficult to create and maintain an ideal learning experience for each student. As Van Ort (1983) has stated, "In the clinical setting, the number of variables increases and the teacher's control or ability to manipulate the learning environment varies" (p. 325). Responsibility and accountability inherent in clinical teaching may make the instructor anxious. Although each nursing student is responsible for her patient, it is the nursing instructor who assumes ultimate responsibility for her students. The instructor is held accountable to patients and their families, to the nursing staff, to the hospital or institution, and to her school not only for her own actions but also for the actions of students she supervises.

Learning and teaching in the clinical area are presumed to be accompanied by different types of anxiety in the student and the instructor. Each must function within an uncertain environment. It is the instructor's responsibility to create a psychological climate for learning. Learning is promoted in an atmosphere of trust and mutual respect between learner and teacher. What can the nursing instructor do to promote effective learning within the clinical setting? The instructor needs to recognize that she is the "primary link between the student nurse who is acquiring skills and the environment in which that learning takes place" (Meleca, Schimpfhauser, Wittman, & Sachs, 1981, p. 33). The one variable the instructor can control is her own behavior. In an uncertain clinical setting, the nursing instructor who has the capacity to understand her own behavior is able to be more supportive to her students (Floyd, 1982; Spalding, 1964).

Which teaching behaviors of nursing instructors in the clinical setting promote student learning? Since much of the teaching of

nursing occurs in the clinical setting, one would expect to find effective clinical teaching behaviors described in the literature. This is not the case. For the most part, nursing faculties have used evaluation tools from other disciplines to evaluate clinical teaching. For example, Stafford & Graves (1978) state, "Nursing educators have borrowed instruments from psychology and education without evaluating their appropriateness to nursing" (p. 497).

Nursing students are recipients of their instructor's efforts (Jacobson, 1966). It would appear that students are in the best position to judge which teaching behaviors and personal characteristics of nursing instructors in the clinical setting are most effective in promoting their learning. Yet few research studies describe specific teaching behaviors and personal characteristics of nursing instructors in the clinical setting which, according to nursing students, facilitate their learning. Although dramatic changes have occurred in nursing education during the past 25 years, there is very little research which examines the effectiveness or ineffectiveness of specific instructional behaviors thought to be critical to clinical teaching (Brown, 1981; Meleca et al., 1981; McCabe, 1985).

Individual differences in teaching behaviors and personal characteristics of nursing instructors in the clinical setting seem to influence student learning. The relationships between and among the variables of instructor behaviors and personal characteristics and the degree to which these variables influence the learning of nursing students warrants an in-depth assessment, analysis, and interpretation. Identifying such behaviors is crucial for effective clinical teaching. As Knox & Mogan (1985) write, "Clinical teaching is a major component of nursing education. . . Effective or ineffective teacher behaviors will enhance or obstruct learning. . . Identification of teacher behaviors that are effective and valued is necessary so that teachers may function more effectively" (p. 25).

The study reported here is designed to address the following research question: Are the clinical behaviors identified in the nursing literature sufficient to define what characterizes the effective clinical instructor? Or are other behaviors necessary for effective clinical teaching? That is to say that the overall purpose of this study is to investigate teaching behaviors and personal characteristics of nursing instructors in the clinical setting that facilitate the learning of baccalaureate nursing students.

The investigator directly surveyed baccalaureate nursing students to determine the teaching behaviors and personal characteristics of nursing instructors in the clinical setting that facilitate student learning.

#### CHAPTER II

### REVIEW OF THE LITERATURE

A review of the nursing literature from 1960 to 1986 was done to determine the teaching behaviors and personal characteristics thought to be essential for effective clinical teaching. Most nursing studies describe several teaching behaviors and personal characteristics of clinical teaching effectiveness; therefore, categorizing the studies according to specific teaching behaviors and personal characteristics was difficult. However, to facilitate understanding, studies which address particular concepts, such as role modeling, are discussed together within their respective time frameworks. The studies reviewed were divided into time frameworks as follows: 1960 to 1969; 1970 to 1979; and, 1980 to 1986. This was done to ascertain patterns, trends, and changes as to the kinds of teaching behaviors and personal characteristics thought to be essential for effective clinical teaching during the past 26 years.

## 1960-1969

Prior to the 1960s, Bregg (1958) and Hall (1959) described factors in the student-teacher relationship which promote effective learning within the clinical setting. Bregg (1958) states that the instructor who is understanding and supportive of students allowing them "freedom to grow" promotes a climate for effective learning (p. 1121).

Imitation and identification as key elements in the learning climate are addressed by Hall (1959) who perceives the nursing instructor as a role model. He states a climate for learning is promoted when students identify with the nursing instructor because of "the way she cares for patients, and relates to students, peers, superiors, and subordinates" (p. 421). Although no research was done, Bregg (1958) and Hall (1959) recognized the effect of teacher behavior on student learning and set the stage for subsequent studies.

The emphasis on the nursing instructor as a role model is reflected in three articles. Jourard (1964) writes that enthusiasm. creative commitment, and involvement in nursing and teaching are important characteristics of an effective role model. "Nothing is so contagious as enthusiasm. . . . A committed person is one who is enthused about her subject matter" (p. 472). A similar article cites enjoyment of teaching as an effective teaching behavior. Hassenplug (1965) states that "the good teacher . . . is one who likes his subject, likes to teach, and makes his students work" (p. 24). Identification with the nursing instructor, which is similar to Hall's (1959) perception of the student-instructor relationship, also is stressed by Hassenplug (1965) who writes that students identify and compare themselves with their nursing instructors because they see her as a model of the teaching-learning process. The nursing instructor is viewed as a "communicator of knowledge" by her students (p. 26).

Spalding (1964), like Hall (1959), Hassenplug (1965), and Jourard (1964), stresses that the teacher who enjoys both teaching

and nursing has a positive effect on student learning. She writes, "The teacher's mastery of the subject, taught with interest and enthusiasm, gives a sense of significance . . . to learning, which gains students' respect (p. 51). In addition, the ability of the nursing instructor to set up structured learning experiences allowing students to plan their work and time ahead is thought to promote learning, especially for beginning students (Spalding, 1964; Skinner, 1964).

Barham (1965) conducted one of the first research studies that attempted to identify effective behaviors of nursing instructors. The objective of her study was to identify the behavior which differentiates between effective and ineffective nursing instructors in junior community colleges in California. Using the critical-incident technique, Barham (1965) asked 4 groups (52 first-year nursing students, 50 second-year nursing students, 64 nursing instructors, and 12 directors of associate degree programs) to describe specific situations of effective or ineffective behaviors. Each participant was asked to describe two incidents, one situation of an effective teaching behavior and one situation of an ineffective teaching behavior. "An example of a critical incident was given in the instruction sheet" (p.66).

Data analysis revealed 19 critical teaching behaviors. Respondents described teaching behavior "in all areas--classroom, counselling situations, and clinical areas. Almost two-thirds of the critical incidents occurred in the clinical area" (Barham, 1965, p. 67). Those effective teaching behaviors of nursing instructors most applicable to the clinical learning situation are as follows: "appropriate preparation; availability; accepting students as individuals; empathizing

with students; and, setting an example" (p. 67). Barham (1965) identifies instructor anxiety as a crucial factor in teaching effectiveness. The instructor who "shows restraint so that her own anxiety does not influence the situation" was cited as most important for learning by all respondents (p. 67).

During the 1960s, Jacobson (1966) carried out the most extensive research concerning the behavior of nursing teachers. She asked 961 undergraduate students in five university schools of nursing to identify effective and ineffective behavior of teachers of nursing. Like Barham (1965), Jacobson (1966) used a modified form of the critical-incident technique. She conducted 21 group interviews with 5 to 80 students per group. The students were asked to describe as many effective and ineffective incidents as possible within 50 minutes. To maintain control, the same person conducted all interviews using a standardized format (p. 222).

Jacobson (1966) collected 1,182 usable critical incidents which were classified into six broad categories as follows: "1) availability to the students; 2) apparent general knowledge and professional competence; 3) interpersonal relations with students and others; 4) teaching practices (mechanics, methods, skills) in classroom and clinical areas; 5) personal characteristics; 6) evaluation practices" (p. 222).

Some behaviors relate to patient care while other behaviors can be applied to any teaching situation. Those requirements for effective teaching which apply to clinical teaching are listed as follows:

- 1. Keeps self available to students
  - a. in stressful situation
  - b. as a resource person
- 2. Demonstrates own ability as a nurse and teacher by
  - a. planning for depth and continuity of care
  - b. making students aware of professional responsibility
  - c. being well informed and able to communicate knowledge to students
- 3. Shows skill in interpersonal relationships by
  - a. alleviating student anxieties
  - b. correcting student tactfully
  - c. making students feel free to ask questions or to ask for help
  - d. interacting well with students, patients, and staff
  - e. showing genuine interest in patients and their care
- 4. Teaching practices include
  - a. precision in objectives
  - b. demonstration of manual skills followed by opportunity to practice
  - c. creating a casual, relaxed atmosphere, making learning enjoyable
  - d. supervising and helping in new experience without taking over
  - e. giving guidance and support in new and difficult situation
  - f. planning experiences for students when new and unexpected

learning situations occur--that is, utilizing changes in clinical areas

- g. being considerate of students' time
- 5. Personal characteristics include
  - a. showing warmth, sympathy, and human emotions
  - b. an interest and enthusiasm that is "catching," making students interested
  - c. being patient, consistent, predictable
  - d. being calm, poised, and concerned in the clinical area
  - e. being flexible
  - f. having a sense of humor
- 6. Evaluation practices include
  - a. telling student when she has done well
  - b. holding high expectations for student performance
  - c. correcting student at the time an error occurs.

(Jacobson, 1966, p. 223)

Jacobson's (1966) research differs from previous studies because she described how the teacher achieves effectiveness rather than stating teacher behavior in single words. Most behaviors she identified are observable and measurable. Unlike previous researchers, Jacobson (1966) was concerned solely with student response as a measure of teacher effectiveness.

Layton (1969) conducted a qualitative survey of nursing students to determine what attitudes and actions of instructors helped their learning and what attitudes and actions hindered their learning. She asked 141 students, 70 juniors and 71 seniors, from one 2-year nursing program to complete an open-ended questionnaire. The responses were categorized into specific behaviors. Instructor attitudes and actions that the students identified as helpful to their learning are listed in order of importance as follows:

- 1. Demonstrating interest in and accepting student as a person
- 2. Willing to explain things and to answer questions
- 3. Giving encouragement and praise
- 4. Giving responsibility when the student is ready for it
- 5. Informing the student of progress made. (Layton, 1969, p. 28)

During the 1960s, many teaching behaviors and personal characteristics which are important for teaching effectiveness were identified in the literature. Table 1 has a summary of effective teaching behaviors and personal characteristics of nursing instructors reported in the literature from 1960 through 1969.

<b></b>	Available	Empathy	Independence	Role Model	Knowledge	Organized	Feedback	Questions	Personal Traits
Bregg (1958)*		x	x						
Hall (1959)*				x					
Jourard (1964)				x					
Spalding (1964)				x		x			
Skinner (1964)						x			
Hassenplug (1965)				x	x				
Barham (1965)	x	x		x		x			
Jacobson (1966)	x	x	x	x	x	x	x	x	x
Layton (1969)		x	x				x	x	

Effective Teaching Behaviors and Personal Characteristics of N	Nursing	Instructors	1960-1969
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\*Teaching behaviors reported in literature prior to 1960

Reviewing the studies in Table 1, 6 of 9 authors describe teaching behaviors which make the instructor a role model for her students (Hall, 1959; Jourard, 1964; Spalding, 1964; Hassenplug, 1965; Barham, 1965; Jacobson, 1966). The instructor who shows empathy towards nursing students is documented by four authors as important for student learning (Bregg, 1958; Barham, 1965; Jacobson, 1966; Layton, 1969). Teaching behaviors such as setting objectives and planning for student learning experiences depict the organized instructor. Four authors state that organizational skills are important for teaching effectiveness (Spalding, 1964; Skinner, 1964; Barham, 1965; Jacobson, 1966).

The instructor who allows students to become independent in the clinical setting promotes learning (Bregg, 1958; Jacobson, 1966; Layton, 1969). Giving feedback and answering students' questions are two teaching behaviors identified by nursing students as important for their learning by Jacobson (1966) and Layton (1969). Giving feedback reflects the influence of learning theory, particularly behaviorism, on nursing education. Answering students' questions reflects nurse educators' interest in defining behaviors which would operationalize the concept of instructor accountability and responsibility to nursing students. These two behaviors, giving feedback and answering students' questions, would continue to be cited as important for teaching effectiveness during the next two decades.

#### 1970-1979

The nursing instructor who demonstrates behaviors which make her a role model for students continues to be cited as important for teaching effectiveness. Nursing students become socialized into the nursing role not only when the instructor shares her knowledge and experiences with them, but also when she demonstrates nursing care in selected situations in the clinical area (Wood, 1971; Lipson, 1972).

The instructor who is professionally competent is a role model for students, according to Kiker (1973) who conducted an exploratory study at two Texas universities. Her population consisted of 30 undergraduate education students, 37 undergraduate nursing students, and 36 graduate nursing students. Under the general category of professional competence, undergraduate nursing students identified two teaching characteristics as most important for teacher effectiveness. These are as follows: "Organizes classroom content and/or laboratory experience in a manner which is meaningful to the student" and, "Demonstrates skills, attitudes, and values that are to be developed by the student" (p. 722). Other attributes identified by Kiker (1973) as important for effective teaching are "objectivity and fairness in student evaluation: being accessible for student conferences; showing concern and sympathy for student problems; having a sense of humor" (p. 722). Kiker's (1973) study is different from the investigator's study due to the fact that Kiker (1973) sampled learners from three learning situations and did not differentiate between classroom and clinical teaching.

The instructor who is sensitive to students' needs and feelings and who shows warmth and sympathy to others has two personal characteristics thought to be important for teacher effectiveness according to Lowery, Keane, & Hyman (1971) and Wood (1971). The authors identify the instructor who is concerned for patient welfare as a variable that promotes student learning. Wood (1971) writes that interest in the subject, knowledge of nursing practice, and a sense of humor are other characteristics of effective teachers while Lowery et al., (1971) add that the instructor who is "calm and poised" in the clinical area is a factor in teaching effectiveness (p. 438).

The studies by Wood (1971) and Lowery et al., (1971) differ in methodology from the investigator's study. Wood (1971) conducted her study in Canada. Using the same instrument, she asked student nurses to evaluate not only their clinical instructors, but also their ward tutors. There is no counterpart to the ward tutor in this country. Rather than asking nursing students about the characteristics of instructors which facilitate their learning, Lowery et al., (1971) requested nursing students and faculty to describe the characteristics of nursing instructors which are most important for teaching effectiveness.

One particular article suggests that social modeling and behaviorism are two theories of learning especially applicable to clinical teaching. Identification with and imitation of a role model are important for socialization into the professional role. Mutzebaugh & Dunn (1976) write that "the instructor can use his own behavior to influence his students' behavior so learning may take place" (p. 27). Behavioral theory is applied when the instructor gives the beginning nursing student non-verbal reinforcement in the form of head nodding and smilling while she is giving nursing care (p. 33).

Social modeling theory is evident when the nursing instructor uses demonstration to teach psychomotor skills. Stevens (1976) writes as follows:

Demonstration is the method most often used for teaching psychomotor processes. It combines explanation with exhibition, and it correlates theory with practice. Demonstration is a technique that requires many skills on the part of the teacher. She must have the psychomotor skills required, the ability to organize her materials and their sequential use, and the ability to "talk and do" at the same time. (p. 19)

Wong (1978), like Jacobson (1966) and Layton (1969), studied the relationship between nurse-teacher behaviors in the clinical area and student learning. Wong's (1978) study is similar in purpose to the investigator's qualitative study which formed the basis for this research. The purpose of Wong's (1978) study was "to identify students' perceptions of teacher behaviors which either facilitate or hinder students' learning in the clinical field, and to determine if there is a difference in the perceptions of first and second year students" (p. 369). The research was exploratory and descriptive in nature.

Using a modified form of the critical-incident technique, Wong (1978) asked students to describe incidents in five basic categories:

professional competency, interpersonal relationships, personal attributes, teaching methods, and evaluation practices. "A 2-year basic nursing programme, in a College of Applied Arts and Technology in Ontario, was chosen. A sample of eight 1st-year and six 2nd-year students participated in the study" (p. 370). The students identified nine teacher behaviors as helpful to their learning. These behaviors are as follows:

- 1 Demonstrated willingness to answer questions and offer explanations.
- 2 Giving students encouragement and praise.
- 3 Being interested in students and respectful to them.
- 4 Informing students of their progress.
- 5 Displaying an appropriate sense of humor.
- 6 Having a pleasant voice.
- 7 Being available to students when needed.
- 8 Giving an appropriate amount of supervision.

9 Displaying confidence in themselves and in the students. (Wong, 1978, p. 371)

Another study reflects nurse educators' efforts to determine effective clinical teaching behaviors. Using a two-question written questionnaire, O'Shea & Parsons (1979) conducted a survey of 205 students and 24 faculty in a baccalaureate nursing program of a private university. They asked students and faculty to list 3 to 5 teacher behaviors that facilitate student learning and 3 to 5 teacher behaviors that interfere with student learning in the clinical setting (p. 412). O'Shea & Parsons (1979) defined effective teaching behaviors as "those actions, activities, and verbalizations of the clinical instructor which facilitate student learning in the clinical setting. Conversely, ineffective teaching behaviors are defined as those actions, activities, and verbalizations which interfere with student learning in the clinical setting" (p. 411).

Facilitative behaviors identified by junior students, senior students, and faculty in O'Shea & Parson's (1979) study are the following: "(is) knowledgeable; plans assignments; explains new procedures; available in clinical setting; willing to help; answers questions freely; gives verbal encouragement; not over-supervising; and (acts as a) role model" (p. 413). Personal characteristics identified by students and faculty as facilitating learning in the clinical setting are as follows: "concerned understanding; enthusiastic, friendly, patient, and relaxed" (p. 414).

Qualitative data describing behaviors was obtained. The percentage of faculty and students identifying specific teaching behaviors as facilitative was determined.

"Being available in the clinical setting" was ranked first by 35% of the junior students, 35% of the senior students, and 30% of the faculty. "Willing to help" was ranked as important by 34% of junior students but only by 10% of senior students and faculty, respectively. This most likely reflects junior students' need for greater assistance in the clinical area. (O'Shea & Parsons, 1979, p. 414) During the 1970s, many teaching behaviors cited earlier in the literature continue to be important. However, new teaching behaviors and personal characteristics emerge during this decade which establish patterns of behaviors characterizing teacher effectiveness. Table 2 shows effective teaching behaviors and personal characteristics reported in the literature from 1970 through 1979.

	Available	Empathy	Independence	Role Model	Knowledge	Organized	
Lowery (1971)		x		x			
Wood (1971)		x		x			
Lipson (1972)				x			
Kiker (1973)	x	x		x		x	
Mutzebaugh & Dunn (1976)				x			
Wong (1978)	x	x	x				
O'Shea & Parsons (1979)	x	x	x	x	x	x	

# Effective Teaching Behaviors and Personal Characteristics of Nursing Instructors 1970-1979

	Feedback	Questions	Demonstration	Personal Traits	
Lowery (1971)				x	
Wood (1971)				x	
Lipson (1972)		x			
Kiker (1973)	x			x	
Mutzebaugh & Dunn (1976)	x				
Stevens (1976)			x		
Wong (1978)	x	x		x	
O'Sh <b>ea &amp;</b> P <b>arson</b> s (1979)	x	x	x	x	

Effective Teaching Behaviors and Personal Characteristics of Nursing Instructors 1970-1979

During the 1970s, the teaching behavior cited most frequently (in 6 of 8 articles) as influencing student learning in the clinical setting is the instructor as a role model (Lowery et al., 1971; Wood, 1971; Lipson, 1972; Kiker, 1973; Mutzebaugh & Dunn, 1976; O'Shea & Parsons, 1979). Behaviors under the category of empathy to students are cited in 5 of 8 articles (Lowery et al., 1971; Wood, 1971; Kiker, 1973; Wong, 1978; O'Shea & Parsons, 1979).

Four studies (Kiker, 1973; Mutzebaugh & Dunn, 1976; Wong, 1978; O'Shea & Parsons, 1979) state that feedback is an essential component of the teaching-learning process. Other teaching behaviors such as being available to students (Kiker, 1973; Wong, 1978; O'Shea & Parsons, 1979) and answering students' questions (Lipson, 1972; Wong, 1978; O'Shea & Parsons, 1979) remain important during this era. The use of demonstration to teach psychomotor skills and procedures, that was first mentioned by Jacobson in 1966, continues to be important for effective clinical teaching (Stevens, 1976; O'Shea & Parsons, 1979).

During the 1960s and 1970s, certain teaching behaviors and personal characteristics of effective teaching are cited more frequently than others. Patterns have been established. The instructor who is a role model and who shows empathy towards nursing students are two teaching behaviors cited consistently over 20 years. Emerging trends during the 1970s indicate that giving feedback and demonstrating psychomotor skills are factors in clinical teaching effectiveness. Organizational skills, promoting independence in students, and being

available to students are three teaching behaviors which continue to be reflected in the literature during the 1970s. However, these three behaviors are cited less frequently than during the 1960s. Table 3 shows the number of times that effective teaching behaviors and personal characteristics were reported in 17 articles from 1960 through 1979. Patterns, trends, and changes are evident.

Table	3
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Teaching Behaviors	9 articles 1960-1969	8 <b>articles</b> 1970 <b>-</b> 1979	17 articles 1960-1979
Acts as a role model	6	6	12
Shows empathy towards nursing students	4	5	9
Gives appropriate feedback to nursing students	2	4	6
Has organizational skills	4	2	6
Is available to students	2	3	5
Promotes independence in students	3	2	5
Answers questions	2	3	5
Is knowledgeable	2	2	4
Uses demonstration in teaching procedures, skills		2	_ 2

Effective Teaching Behaviors and Person	nal Characteristics of Nurs	sing Instructors 196	0-1979
Personal Characteristics	9 articles 1960-1969	8 articles 1970-1979	17 articles 1960-1979
Has a sense of humor	1	3	4
Is calm/relaxed	1	2	3
Is patient	1	1	2
Is friendly		1	1
Has a pleasant voice		1	1
Is willing to help		1	1

## 1980-1986

Current studies cite the same teaching behaviors and personal characteristics of effective nursing instructors previously documented in the literature. The instructor who demonstrates behaviors which make her a role model for students continues to be an important factor in teacher effectiveness (Sheahan, 1980; Wong, S., & Wong, J., 1980; Brown, 1981; Gardner, 1981; Grassi-Russo & Morris, 1981; Meleca et al., 1981; Marson, 1982). For example, instructors who share their own nursing experiences facilitate student learning (Sheahan, 1980). Brown (1981) emphasizes that the clinical teacher serves as a role model for students by establishing "therapeutic relationships with patients" (p. 14). Grassi-Russo & Morris (1981) write that the clinical learning experience makes the relationship between instructor and student especially significant. The instructors are perceived as being both professionally competent and "empathetic helping persons with emotional strength and stability" (p. 15).

S. Wong & J. Wong (1980) state the nursing instructor acts as a group leader and resource person during patient-care conferences following clinical experiences (p. 534). According to Marson (1982), the nursing instructor who enjoys her work and "displays high standards" acts as a role model for students (p. 350). Similarly, Gardner (1981) writes that the instructor who enjoys teaching and is enthusiastic about nursing affects student interest and motivation to continue learning.

Griffith & Bakanauskas (1983) state the instructor serves as a

role model and a resource person. They write as follows:

The attitude and demeanor of the instructor is more easily "caught than taught" by students. As instructors demonstrate an attitude of continued learning and growth, they may facilitate students' creative thinking in nursing practice through experimentation and risk-taking. When an instructor's knowledge, skills, expertise, feelings, and emotional reactions are available to students, they may feel free to interact and use the instructor as a resource in their search for knowledge and personal growth. (p. 107)

The instructor who shows empathy towards nursing students is identified frequently as an effective teaching behavior. Coles, Dobbyn, & Print (1981) and Karns & Schwab (1982) state the instructor plays a supportive role in clinical teaching. Karns & Schwab (1982) add that the effective nursing instructor is one who "can remember she was once a student" (p. 41). Similarly, Marson (1982) states the effective instructor "seems to know how learners feel" (p. 349).

Griffith & Bakanauskas (1983) identify teaching strategies which facilitate interpersonal growth and learning in student-instructor relationships. Demonstrating empathetic understanding is believed to facilitate learning. They write as follows:

By listening to students, we show respect and care about them as individuals. Our interest communicates that we want to understand the situation as the student perceives it. . . When instructors convey an understanding, empathetic attitude toward students, without trying to change them, they will not form the impression that we don't care about them or that we are trying to control the

learning situation. (p. 106)

A later study by Stephenson (1984) concurs that the instructor who is helpful and supportive to students promotes learning in the clinical setting.

Giving appropriate feedback to nursing students remains an essential behavior of effective teaching that is documented in several studies (Hardy, 1980; Sheahan, 1980; Brown, 1981; Gardner, 1981; Karns & Schwab, 1982; Marson, 1982; Young, 1983). As an example, Gardner (1981) emphasizes the significance of positive reinforcement whereas Karns & Schwab (1982) stress that giving positive feedback promotes student learning.

Griffith & Bakanauskas (1983) view feedback within the broader context of student evaluation. Instructor attitude is a crucial factor in the evaluation process. They state the following:

If students know instructors care about them as individuals, they can accept their achievements and improve their weak areas. The value of the evaluation depends on the attitudes of both the instructor and the student. Instructors need to convey a sense of caring concern so that the student is receptive to hearing both positive and negative aspects . . . and profiting from the evaluation. (p. 107)

The instructor who demonstrates teaching behaviors which show organizational ability is an effective teacher according to several authors (Sheahan, 1980; Wong, S. & Wong, J., 1980; Meleca et al., 1981; Marson, 1982; Young, 1983). Each author reports that setting objectives is essential for the clinical learning experience. For

example, Sheahan (1980) states, "The learner . . . needs reference points to make sense out of the clinical experience. Increasing use of objectives for each clinical experience is an important contribution" (p. 493). And S. Wong & J. Wong (1980) write, "Setting behavioural objectives is one method . . . to improve teaching strategy especially in clinical teaching where teaching is less structured than in the classroom" (p. 533).

The instructor who is available or accessible to students still is considered an effective teaching behavior (Gardner, 1981; Karns & Schwab, 1982; Marson, 1982). Promoting a sense of independence, however, is mentioned only twice: by Brown (1981) and by Keen & Dear (1983). This represents a definite change from earlier studies. The instructor who promotes independence in students had been cited as an effective teaching behavior by five authors during the 1960s and the 1970s. Why this teaching behavior is now being cited less frequently cannot be determined. Since more than twice as many articles have been written from 1980 to 1986 than from 1960 to 1980, it would seem that this behavior should be mentioned more frequently. Perhaps as nursing care has become more complex and contemporary nursing students receive less clinical instruction than students did in the past, the students of today are not ready to be more independent in the clinical setting.

The nursing instructor who asks and answers questions is still considered a factor in teaching effectiveness (Wong, S., & Wong, J., 1980; Meleca et al., 1981; Busl, 1981; Craig & Page, 1981; Marson, 1982). S. Wong & J. Wong (1980) write that one way to help students develop problem solving skills is to ask questions (p. 534). Meleca et al., (1981) concur it is important not only to "question students to determine the accuracy of their observations of client conditions," but also to "answer students' questions" (p. 38).

Encouraging student to think and ask questions is a teaching behavior which promotes learning. "The teacher needs to encourage students to think and ask questions" (Busl, 1981, p. 43). The importance of asking questions is explained further by Craig & Page (1981). They write as follows:

Questions, when skillfully asked, assist students to see relationships and link the unknown to the known. . . Questioning permits student and teacher to explore ideas together. The art of questioning, more than any other teaching skill, can assist the teacher in conveying her interest, her enthusiasm, and her continued pursuit of her own learning. (p. 18)

Marson (1982) supports Craig's & Page's (1981) findings. She collected statements about trained nurses considered to be good at teaching. Asking and answering questions was considered to be important for effective teaching. Marson (1982) states, "She asked me questions to find out what I already knew . . . she explained medical terms in simple language" (p. 349).

Other teaching behaviors cited previously in the literature continue to appear during the 1980s. The instructor who is knowledgeable about nursing facilitates student learning (Gardner, 1981; Karns & Schwab, 1982; Marson, 1982). Using demonstration to teach psychomotor skills and clinical procedures is another effective teaching method (Hardy, 1980; Sheahan, 1980; Coles et al., 1981; Gardner, 1981). Demonstration should be "complete and presented at a logical pace" (Hardy, 1980, p. 326). Gardner (1981) states that the instructor "who demonstrates and explains procedures" is an effective clinical teacher (p. 608).

Certain personal characteristics of nursing instructors identified earlier in the literature still are thought to promote learning today. The nursing instructor with a sense of humor facilitates student learning (Gardner, 1981; Marson, 1982). A calm nursing instructor promotes learning (Blainey, 1980; Marson, 1982). Blainey (1980) states, "Calm behavior on the part of the instructor serves to reduce anxiety in students" (p. 36). The instructor who is a patient person is cited by Marson (1982) while the instructor who is friendly in the clinical setting is cited by Marson (1982) and Stephenson (1984) as personal characteristics of the effective nursing instructor.

Being approachable in the clinical setting is a new personal characteristic cited during the 1980s by Marson (1982) and Stephenson (1984). These writers state that the instructor who is "approachable and friendly" facilitates student learning. In this investigation, "approachable" is one characteristic and "friendly" is another characteristic.

Many studies written from 1980 through 1986 are reviews of previous studies. Authors of current studies continue to use surveys or critical-incident techniques to gather data. Only a few studies are concerned solely with nursing students. Grassi-Russo & Morris (1981) examined anxiety in nursing students. They asked 102 members of the freshman class in a diploma school of nursing to write down, in short phrases, hopes and fears about their forthcoming experience as students of nursing (p. 10). Coles et al., (1981) sought to identify undergraduate nursing students' perceptions of teaching in the clinical area and to compare their perceptions with their perceived needs. The critical-incident technique was used by Selleck (1982) in England to identify satisfying and anxiety-creating incidents occurring during the process of becoming a state registered nurse. In another study conducted in England, Marson (1982) asked trainee nurses about effective behavioral characteristics of their ward teachers.

Other investigators looked at faculty and student perceptions of effective clinical teaching (Brown, 1981; Stephenson, 1984). In Brown's (1981) study, she wanted to identify those characteristics of the clinical nursing teacher believed to be important by students and faculty and to compare the two groups (p. 5). Brown (1981) did not develop an original instrument; instead, she used a composite of 20 characteristics of teachers found in the literature. Stephenson (1984) conducted research from a sociological perspective using role theory as her organizing theoretical framework. She examined the role relationship between nurse-tutor and student nurse. Similar to Brown's (1981) study, Stephenson's (1984) sample consisted of students and faculty.

A recent study by Knox & Mogan (1985) in Canada determined important clinical teacher behaviors as perceived by university nursing faculty, students, and graduates. The researchers used a tool of 47 teaching behaviors identified in the literature. They classified their data into five categories: teaching ability; evaluation practices; interpersonal relationships; personality; and nursing competence. Specific teaching behaviors and personal characteristics are neither identified nor described in their study. Knox & Mogan (1985) report that respondents give the highest rating to the teacher's evaluation practices and the lowest rating to the teacher's personality.

During the 1980s, teaching behaviors and personal characteristics previously cited in the nursing literature are identified. Table 4 shows effective teaching behaviors and personal characteristics reported in the literature from 1980 through 1986.

# Table 4

	Available	Empathy	Independence	Role Model	Knowledge	Organized
Sheahan (1980)				x		x
Wong & Wong (1980)				x		x
Brown (1981)			x	x		
Coles et al., (1981)		x				
Gardner (1981)	x			x	x	
Grassi-Russo & Morris (1981)		x		x		
Meleca et al., (1981)				x		x

Effective Teaching Behaviors and	l Personal Characteristics	of Nursing Instructors	1980-1986

Ellective lead			Lai Characteristic			0
Nana	Available	Empathy	Independence	Role Model	Knowledge	Organized
Karns & Schwab (1982)	x	x			x	
<b>Marson</b> (1982)	x	x		x	x	x
Griffith & Bakanauskas (1983)		x		x		
Keen & Dear (1983)			x			
Young (1983)						x
Stephenson (1984)		x				

Effective Teaching Behaviors and Personal Characteristics of Nursing	Instructors	1980-1986
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	Feedback	Questions	Demonstration	Personal Traits	
Blainey (1980)				x	
Hardy (1980)	x		x		
Sheahan (1980)	x		x		
Wong & Wong (1980)		x			
Brown (1981)	x				
Busl (1981)		x			
Coles et al., (1981)			x		

Effective Teaching Behaviors and Personal Characteristics of Nursing Instructors 1980-1986

	Feedback	Questions	Demonstration	Personal Traits	
Craig & Page (1981)		x			
Gardner (1981)	x		x	x	
Meleca et al., (1981)		x			
Karns & Schwab (1982)	x				
Marson (1982)	x	x		x	
Griffith & Bakanauskas (1983)	x				
Young (1983)	x				
Stephenson (1984)		1-9-1-1-1-0-9		X	

# Effective Teaching Behaviors and Personal Characteristics of Nursing Instructors 1980-1986

Teaching behaviors and personal characteristics cited earlier in the literature remain important during the 1980s. For example, the nursing instructor as a role model is cited in 8 of 17 articles. The nursing instructor who provides feedback to her students also is cited in 8 of 17 articles. The nursing instructor who shows empathy towards nursing students, who is organized, and who asks questions are additional teaching behaviors which promote effective teaching. Each of these behaviors is cited in 5 of 17 articles. Table 5 shows the number of times that teaching behaviors and personal characteristics were reported in 34 articles from 1960 through 1986. Patterns, trends, and changes may be seen.

Feaching Behaviors	9 articles 1960-1969	8 articles 1970-1979	17 articles 1980-1986	34 <b>articles</b> 1960 <b>-</b> 1986
Acts as a role model	6	6	8	20
Shows empathy towards nursing students	3	5	6	14
dives appropriate feedback to nursing students	2	4	8	14
las organizational skills	4	2	5	11
nswers questions	2	3	5	10
is available to students	2	3	3	8
is knowledgeable	2	2	3	7
Promotes independence in students	3	2	2	7

Uses demonstration in teaching procedures, skills

Table 5

Personal Characteristics	9 articles 1960-1969	8 articles 1970-1979	17 articles 1980 <b>-</b> 1986	34 articles 1960–1986	
Has a sense of humor	1	3	2	6	
Is calm/relaxed	1	2	1	4	
Is patient	1	1	1	3	
Is friendly		1	2	3	
Is approachable			2	2	
Has a pleasant voice		- 1		1	
Is willing to help		1		1	

## Effective Teaching Behaviors and Personal Characteristics of Nursing Instructors 1960-1986

#### CHAPTER III

#### METHOD

### Qualitative Pilot Study

This research is based upon qualitative data obtained from a survey of university nursing students. The investigator designed and distributed an open-ended questionnaire to a convenience, non-probability sample of 17 senior baccalaureate nursing students from one university. The students were asked to describe, in their own words, specific teaching behaviors and personal characteristics of nursing instructors in the clinical setting that facilitate or inhibit their learning. Students also were asked to describe, in their own words, specific teaching behaviors and personal characteristics of a nursing instructor which make them feel comfortable and at ease or uncomfortable and uneasy in the clinical setting.

Qualitative data analysis revealed that students consistently cited certain teaching behaviors and personal characteristics of a nursing instructor that facilitate or inhibit their learning in the clinical setting. Similarly, students consistently cited certain teaching behaviors and personal characteristics of a nursing instructor which make them feel comfortable or uncomfortable in the clinical setting. The teaching behaviors and personal characteristics identified by the students as facilitating or inhibiting their learning and

as making them feel comfortable or uncomfortable in the clinical setting were developed into a revised instrument incorporating a sevenpoint Likert-type scale. The Likert-type scale was used in order to discriminate differences in the degree to which learning was facilitated or inhibited and the degree to which the students felt comfortable or uncomfortable when the nursing instructor exhibited certain teaching behaviors and personal characteristics in the clinical setting. The scale values were assigned so that "greatly facilitates my learning" had a value of 7 and "greatly inhibits my learning" had a value of 1.

### **Operational Definitions**

Operational definitions for the terms on the survey instrument are as follows:

<u>Teaching Behaviors</u>: Actions by a nursing instructor which impart information and skill in the clinical setting.

Facilitating Learning: Teaching behaviors of a nursing instructor which make your learning easier in the clinical setting. <u>Inhibiting Learning</u>: Teaching behaviors of a nursing instructor which interfere with your learning in the clinical setting. <u>Personal Characteristics</u>: Individual traits or qualities of a nursing instructor.

Facilitating Learning: Personal characteristics of a nursing instructor which make your learning easier in the clinical setting.

<u>Inhibiting Learning</u>: Personal characteristics of a nursing instructor which interfere with your learning in the clinical setting.

### Quantitative Pilot Study

An additional pilot study of the specially created Likert scale using 85 senior baccalaureate nursing students from three colleges of nursing as subjects was conducted. Data analysis showed responses on the learning scale and comfort scale to be nearly identical for each teaching behavior and personal characteristic. Thus, the comfort scale was eliminated from the instrument. A Cronbach alpha statistical test was performed on the data to measure the instrument's internal consistency. A standardized item alpha of .89 was obtained for the teaching behaviors, and a standardized item alpha of .87 was obtained for the personal characteristics. Based on further data analysis, two teaching behaviors and four personal characteristics were eliminated from the survey.

#### Instrument Used in the Study

The final survey used the same seven-point Likert-type scale as in the pilot study. The survey lists 18 teaching behaviors and 14 personal characteristics of a nursing instructor in the clinical setting which could either facilitate or inhibit the learning of baccalaureate nursing students. Operational definitions for the terms on the survey instrument are identical to those definitions used in the pilot study. (A copy of the instrument used in this study appears in

#### Procedure and Sample

A letter describing the purpose of the research project and requesting permission to conduct the study at their schools was sent to ten deans and directors of baccalaureate nursing programs in northern Illinois. (A copy of the letter appears in Appendix B.) A convenience sample of five universities with schools or departments of nursing and five colleges of nursing was chosen. The only criteria for selection were that the institutions had to be accessible by car and could not be more than two hours from the far northwest side of Chicago.

Of the five universities selected, three universities participated in the study and two universities did not. The dean of one nonparticipating nursing program would only allow the questionnaire placed in student mailboxes. Since it was necessary for the investigator to personally distribute and collect the questionnaire to insure methodological consistency, this university was excluded. When the investigator arrived at the second nonparticipating university, the dean of the nursing program said that, despite prior agreement to cooperate, the study could not be conducted. Of the five colleges selected, four participated in the study. Due to the fact that students were in several small classes which met on different days, ten or twelve visits would have been needed to collect data from the fifth college. Since it was not possible to make numerous visits to one institution, this college was eliminated from the study. Seven institutions, three universities and four colleges, did participate in the study. To insure confidentiality, none of these institutions are identified in this report.

#### Collection of Data

Thirteen visits to seven institutions were made during April, May, and June, 1986. Data was gathered from 485 junior and senior nursing students who were attending institutions granting a baccalaureate degree in nursing. The investigator personally explained the purpose of the study and distributed the questionnaire with an attached consent form to each student. When students completed the questionnaire, they handed it back to the investigator. Confidentiality was assured because students detached the consent form from the questionnaire. The data was collected during the last 5 to 10 minutes of a class period. Students took an average of 6 to 7 minutes to complete the survey. A few students took 8 to 10 minutes, but no student took longer than 10 minutes to complete the survey. Completion time was expedited because the students merely placed an "x" on a point of the Likert-type scale after each teaching behavior and personal characteristic.

All students who participated returned the questionnaire; thus, the return rate was 100 percent. Four hundred eighty-five junior and senior baccalaureate nursing students took part in the study. Two students failed to complete one or more pages of the questionnaire. Therefore, data analysis was performed on 483 completed questionnaires from 252 junior students and 231 senior students. Junior students made up 52.2 percent while senior students made up 47.8 percent of the 483 responses analyzed.

### Internal Consistency of Instrument Used in the Study

A Cronbach alpha statistical test was performed on the data obtained from the survey to determine the internal consistency of the instrument used in the study. The teaching behaviors revealed an alpha of .88 and a standardized item alpha of .90. An alpha of .91 and a standardized item alpha of .92 was obtained for the personal characteristics.

### CHAPTER IV

### ANALYSIS OF DATA

# Demographic Data

The 483 students in this sample ranged from age 20 to age 54. Table 6 indicates the number of students in each five-year age group.

Table 6

Number of S	tudents	in Each	Five-Year	Age Gro	oup		
Age Group	20-24	25 <b>-</b> 30	<u>31-35</u>	<u> 36-40</u>	41-45	<u>46-50</u>	51 <b>-</b> 55
Students	396	55	21	5	3	2	1
	82.1%	11.4%	4.3%	1%	•6%	•4%	.2%

N=483

The mean age was 23 years old and the standard deviation was 4.078. The 20 to 24 year-old age group had 396 students or 82.1 percent.

Table 7 depicts a breakdown of this sample by sex.

Table 7

Distribution of	Students	bv	Sex
-----------------	----------	----	-----

Female	Male
460	23
95.2%	4.8%

N=483

Almost all students in the sample were female. This finding was expected, as nursing is viewed as a profession only for women.

Table 8 illustrates the racial composition of the sample.

### Table 8

American Indian/ Native American	Asian American/ Oriental	Black/ Afro American	Hispanic Black	Hispanic White	White/ Caucasian
13	21	28	1	11	409
2.7%	4.3%	5.8%	•2%	2.3%	84.7%

N=483

Table 9 indicates the religious preference of the sample group.

### Table 9

Religious Preference of Students								
Catholic	Protestant	Jewish	Other	None				
232	161	18	59	13				
48%	33•3%	3.7%	12.2%	2.7%				
				N=483				

The nursing students were asked whether or not they had a major in college prior to entering the nursing program. Table 10 shows how students responded to this item.

Table 10

Prior College Major of Students

<del></del>	Yes	No	No Answer
	163	318	2
	65.8%	33.7%	<b>.</b> 4%

N=483

If students answered yes to the item above, they were asked to state their prior college major. Table 11 shows the results of this item.

### Table 11

Prior Major Before Entering Nursing Program									
Psychology	Education	Business	Chemistry	Other Health Areas	Others				
23	11	9	4	71	44				
4.8%	2 <b>.3%</b>	1.9%	<b>.</b> 8%	14.7%	9.1%				
					N_483				

N=483

Students were asked to indicate their cumulative grade-point average. Table 12 categorizes students' grade-point averages into groups.

Table 12

Cumulative G	rade-Point	Average	of	Students
--------------	------------	---------	----	----------

Range of G.P.A.	Number of Students in G.P.A. Range
4.00-3.50	85
	18.4%
3.48-3.00	216
	46.8%
2.99-2.00	160
	34.7%

Twenty-two students did not answer this item. The mean G.P.A. for the 461 students who did answer was 2.93.

Students were asked to state their usual nursing theory grade and their usual clinical nursing grade. Table 13 indicates students' usual nursing theory grade while Table 14 depicts students' usual clinical nursing grade.

Table 13

Students' Usual Grade for N	ursing Theory		
A	В	С	-
58	308	107	
12%	63.8%	22.2%	

N=473

Ten students did not answer this item. The mean nursing theory grade for 473 students was 2.99 and the standard deviation was .983.

Table 14

Student	s' Usual	Grade for	Clinical Nursing		
	A	В	C	Pass/Satisfactory	
	109	114	10	158	
	22.6%	23.6%	2.1%	32•7%	

Ninety-two students did not answer this item. Many students stated that they did not receive clinical grades.

### Presentation of Data

For the purpose of concise data presentation, the following abbreviations represent the degree of learning as it appears on the survey instrument:

- GFL = Greatly Facilitates My Learning
- MFL = Moderately Facilitates My Learning
- SFL = Somewhat Facilitates My Learning

UN = Uncertain

- SIL = Somewhat Inhibits My Learning
- MIL = Moderately Inhibits My Learning
- GIL = Greatly Inhibits My Learning

The number which appears below each division in the tables that follow represents the value attached to each response. The number 7 represents GFL or the highest value on the scale while the number 1 represents GIL or the lowest value on the scale.

#### Teaching Behaviors

This survey measured 18 teaching behaviors of nursing instructors in the clinical setting. Students indicated that certain teaching behaviors facilitated their learning more than other teaching behaviors. A mean and standard deviation was obtained for each teaching behavior. Based on the mean score, the teaching behaviors were ranked in descending order of importance to student learning.

Table 15 illustrates not only the distribution of responses for each teaching behavior, but also the mean and standard deviation for each teaching behavior.

# Table 15

# Distribution of Responses for Teaching Behaviors

				LF	ARNING					
	m ) ;	FA	CILITATED	<u> </u>	11111111	INI	HIBITED			
Variable Label	Teaching Behavior	GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
ТВ17	Allows me independence as I progress in the	404	65	8	3	1	1	1	6.783	<b>.</b> 608
	clinical experience	83.6%	13.5%	1.7%	•6%	•2%	• 2%	•2%		
TB10	Is willing to help me	404	56	16	2	2	3		6.758	•670
		83.6%	11.6%	3.3%	•4%	•4%	•6%			
TB13	Is willing to answer my questions	392	66	16	2	4	2	1	6.718	•734
		81.2%	13.7%	3•3%	<b>_</b> 4%	•8%	•4%	•2%		
TB11	Guides me when I am unsure about	381	76	15	4	5	1	1	6.692	•744
	something	78 <b>•9%</b>	15.7%	3.1%	•8%	1%	•2%	•2%		

W	m 1. ÷	FA	CILITATED		ARNING	INH	IBITED			
Variable Label	Teaching Behavior	GFL .7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
TB15	Gives me verbal feedback when I perform correctly during the clinical experience	385 79•7%	66 13 <b>.</b> 7%	19 3•9%	4 •8%	3 •6%	2 •4%	4 •8%	6.665	•871
ТВ9	Is available to me on the clinical unit	343 71%	110 22.8%	20 4 <b>.</b> 1%	4 •8%	4 •8%	2 •4%		6.611	•744
тв16	Gives me suggestions to improve my performance when I perform incorrectly during the clinical experience	347 71.8%	102 21 <b>.1%</b>	16 3• <i>3</i> %	6 1 <b>.2%</b>	8 1.7%	2 •4%	2 •4%	6.573	•890
TB8	Is accessible to me during the clinical experience	334 69 <b>.2%</b>	112 23 <b>.2%</b>	27 5.6%	2 •4%	5 1%	3 •6%		6.571	•795

W	Teaching Behavior	LEARNING FACILITATED				IG INHIBITED				
Variable Label		GFL ′7	MFL 6	SFL 5	UN 4	s11. 3	MIL 2	GIL 1	<u>M</u>	<u>SD</u>
ТВ4	Allows me time to prepare for the clinical experience	313 64 <b>.</b> 8%	129 26.7%	28 5 <b>.</b> 8%	6 1 <b>.</b> 2%	4 •8%		3 •6%	6.509	•853
TB1	Clearly defines the goals and objectives of the entire clinical rotation	290 60%	142 29.4%	41 8 <i>.5</i> %	6 1 <b>.</b> 2%	2 •4%	1 • <i>2%</i>	1 • <i>2</i> %	6.460	<b>.</b> 805
TB2	Is knowledgeable about my patient	283 58.6%	149 30 <b>.</b> 8%	42 8.7%	4 •8%	4 •8%	1 • <i>2%</i>		6.449	•783
TB12	Makes me want to ask questions	284 58 <b>.</b> 8%	142 29.4%	35 7•2%	7 1 <b>.</b> 4%	10 2 <b>.1%</b>	3 •6%	1 • <i>2%</i>	6.379	•983

	Teaching Behavior	LEARNIN FACILITATED				ING INHIBITED				
Variable Label		GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
TB3	Prior to the clinical experience, gives me information about my patient	273	115	65	22	5	3		6.284	•998
		56.5%	23.8%	13.5%	4.6%	1%	•6%			
тв18	Demonstrates values concerning patients	265	140	42	26	7	1	2	6.282	1.020
	that I want to incorporate into my own nursing practice	59.4%	29%	8.7%	5.4%	1.4%	•2%	•4%		
твб	Demonstrates clinical procedures herself	278	114	56	14	13	6	2	6.251	1.137
		57.6%	23.6%	11.6%	2.9%	2.7%	1.2%	•4%		

	Teaching Behavior	LEARNING FACILITATED				INHIBITED				
Variable Label		GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
тв14	Asks me questions about my patient during the clinical experience	250 51.8%	154 31.9%	53 1 1%	4 •8%	16 3• <i>3</i> %	5 1%	1 • <i>2%</i>	6.240	1.059
TB5	Explains clinical procedures herself	238 49 <b>.3%</b>	161 33• <i>3</i> %	57 11 <b>.</b> 8%	9 1.9%	12 2 <b>.5%</b>	3 •6%	3 •6%	6.207	1.060
TB7	Uses movies or slides to demonstrate clinical procedures	90 18.6%	150 31.1%	163 33•7%	59 12 <b>.2%</b>	13 2 <b>.7%</b>	4 •8%	4 •8%	5.449	1.137

Inspection of the teaching behaviors show similar mean values for many behaviors. In addition, a Cronbach alpha of .90 for the 18 items demonstrates a high intercorrelation among the teaching behaviors. In order to determine additional relationships among these behaviors, a principal-components factor analysis was performed. Factor analysis is a statistical test which summarizes "the information contained in a number of original variables into a smaller set of ... fundamental constructs assumed to underlie the original variables" (Hair, 1979, p. 218).

The principal-components analysis of the 18 teaching behaviors revealed five factors which had eigenvalues above 1. Table 16 shows the five factors and their respective eigenvalues.

### Table 16

Factor	Eigenvalue
1	6.69709
2	1.64906
3	1.18757
4	1.10588
5	1.03041

#### Factors Derived From 18 Teaching Behaviors

The results of the principal-components analysis are clear: Each teaching behavior loaded heavily onto a single factor. This shows that although the 18 items are intercorrelated at a high level, alpha = .90, nevertheless there are also underlying meaningful subconstructs which are shown in Table 17.

# Subconstructs Derived From 18 Teaching Behaviors

Variable					
Label	Factor 1	Factor 2	Factor 3	Factor 4	Factor 5
IB17	•77675	<b>.</b> 18253	•09510	04788	•06724
IB15	•75227	.25685	•18955	•10819	.04232
rb19 rb16	•79227	.20638	• 104 <u>6</u> 8	•22663	•23528
rB13	.67679	.27604	•19161	.21100	08101
IB12	•65515	•01359	.17284	•10151	.22172
<b>TB18</b>	•55968	.07748	•06543	.00032	.42991
TB9	<ul><li>12459</li></ul>	.86435	•13842	<ul><li>10525</li></ul>	<b>.</b> 12806
гв8	•19430	.80733	<b>.</b> 18985	<b>.</b> 1 <i>3</i> 6 <i>3</i> 0	<b>.</b> 08352
FB10	•38993	<b>.</b> 68373	•07952	.26240	•01957
FB11	<b>.</b> 48960	•56396	•09135	•33156	01082
TB4	•27832	<b>.</b> 21540	•73742	•07084	06090
TB3	•13211	01078	.72260	•35924	08028
TB7	.09210	.17276	•51223	•15916	.31392
rB1	•35398	•36355	<b>.</b> 48236	39072	•14233
твб	<ul><li>14637</li></ul>	•25352	•24443	•75297	•05671
TB5	•20973	•27082	•19579	•75297	•10340
				/	0- (
TB14	<b>.</b> 21979	•01920	06611	•01034	.83167
TB2	<b>.</b> 05178	•33904	•33838	<b>.</b> 15739	•44463

Five expanded tables will be presented to illustrate the item content of the five factors derived from the principal-components analysis. To conceptualize the teaching behaviors of each factor into a single construct, the investigator assigned a name to each factor. These names are as follows:

Factor 1. The Instructor Who Promotes Students' Growth and Development into the Professional Nurse Role.

Factor 2. The Instructor Who is a Resource Person for Students in the Clinical Setting.

Factor 3. The Instructor Who Creates Meaningful Clinical Learning Experiences for Students.

Factor 4. The Instructor Who Acts as a Role Model When Teaching Clinical Procedures to Students.

Factor 5. The Instructor Who Assists Students to Integrate Theory into the Practice Setting.

Specific teaching behavior descriptors and their respective factor loadings will appear on each table. A brief discussion and interpretation of the findings will follow each table presentation.

Table 18 shows the teaching behaviors which are dimensions of Factor 1.

Factor 1. 1	The Instructor	Who Promotes	Students'	Growth and	Develop-
ment into th	ne Professional	l Nurse Role			

Variable Label	Teaching Behavior	Factor Loading
Datier	reaching benavior	Factor Boading
TB17	Allows me independence as I progress in the clinical experience	•77675
TB15	Gives me verbal feedback when I perform correctly during the clinical experience	•75227
тв16	Gives me suggestions to improve my performance when I perform incorrectly during the clinical experience	•712 <b>7</b> 7
TB13	Is willing to answer my questions	•67679
TB12	Makes me want to ask questions	•65515
тв18	Demonstrates values concerning patients that I want to incorporate into my own nursing practice	•55968

When the teaching behaviors were rank-ordered, students stated the teaching behavior which most facilitated their learning was the nursing instructor who allowed them independence as they progressed in the clinical experience. This was also the teaching behavior with the highest loading onto Factor 1.

Two teaching behaviors measured the role of reinforcement as it affects the learning process of nursing students. The instructor who gives students verbal feedback for correct performances and who also gives suggestions for improvement for incorrect performances loaded heavily onto Factor 1. Using reinforcement in clinical teaching tends to decrease student anxiety. When anxiety levels are reduced, students become confident in their ability to assume the professional role.

The instructor who is willing to answer questions and who makes students want to ask questions are teaching behaviors which increase students' knowledge base, thus promoting their growth and development into professional nurses.

The instructor who demonstrates values concerning patients that students want to incorporate into their own nursing practice is a role model for students. Attitudes about patients the instructor has are conveyed to students on a daily basis in the clinical area. In fact, students have been observed using the same words and actions that their instructor uses. How the instructor acts, what she does, and what she says concerning patients is one way that students become socialized into the professional role. Each teaching behavior in Factor 1 is a part of the instructor who promotes students' growth and development into the professional nurse role.

Table 19 depicts the four teaching behaviors which are dimensions of Factor 2.

Factor 2. The Instructor Who is a Resource Person for Students in the Clinical Setting

Variable Label	Teaching Behavior	Factor Loading
ТВ9	Is available to me on the clinical unit	<b>.</b> 86435
TB8	Is accessible to me during the clinical experience	<b>.</b> 80733
ТВ10	Is willing to help me	<b>.</b> 68373
TB11	Guides me when I am unsure about something	•56396

Students indicated that the instructor who is available to them on the clinical unit was slightly more important for their learning than the instructor who is accessible. Knowing their instructor is present on the unit is reassuring to students. Being accessible may mean the instructor is not with students. In the community setting, for example, the nursing instructor is unable to be with each student on days that students make home visits. The instructor may be reached only by telephone.

Two teaching behaviors which measured helpfulness of the clinical instructor towards nursing students fell under Factor 2. Students stated the instructor who was willing to help them greatly facilitated their learning; in fact, when the teaching behaviors were rank-ordered, this was the second most important teaching behavior for student learning. Similarly, the instructor who guides students when they are unsure about something was the fourth most important teaching behavior for student learning. Each teaching behavior in Factor 2 is a dimension of the instructor who is a resource person for students in the clinical setting.

Table 20 shows the four teaching behaviors which make up Factor 3.

Table 20

Factor 3. The Instructor Who Creates Meaningful Clinical Learning Experiences for Students

Variable

Label	Teaching Behavior	Factor Loading
ТВ4	Allows me time to prepare for the clinical experience	•73742
TB3	Prior to the clinical experience, gives me information about my patient	•72260
TB7	Uses movies or slides to demonstrate clinical procedures	•51223
TB1	Clearly defines the goals and objectives of the entire clinical rotation	•48236

Three teaching behaviors in Factor 3 measured how learning was facilitated by specific methods the nursing instructor employs to assist students to prepare for clinical experiences. Students stated that the instructor who allows them time to prepare for the clinical experience greatly facilitated their learning. Almost as important for learning was having information about their patients prior to each clinical experience. Clear definitions of the goals and objectives of the entire clinical rotation by the instructor was a part of this factor. These are behaviors which describe the instructor who creates meaningful clinical learning experiences for students.

One other teaching behavior loaded onto Factor 3: the instructor who uses movies or slides to demonstrate clinical procedures. Nursing instructors often suggest that movies or slides demonstrating various clinical procedures are available for students' use in the Learning Resource Center. An assumption is made that students interpreted this teaching behavior to mean that, prior to the clinical experience, they could view movies or slides of specific clinical procedures. Students' clinical learning experiences might be more meaningful if they viewed media of specific clinical procedures which were suggested by their nursing instructor.

Table 21 illustrates the teaching behaviors which appeared under Factor 4.

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Factor 4.	The	Instr	ructo	or Who	Acts	as	a	Role	Model	When	Teaching
Clinical I	Proce	dures	to .	Studen	ts						

Variable Label	Teaching Behavior	Factor Loading
тв6	Demonstrates clinical procedures herself	•75297
TB5	Explains clinical procedures herself	•71167

The instructor who demonstrates clinical procedures herself facilitated student learning slightly more than the instructor who explains clinical procedures herself. Students stated demonstration by their nursing instructor is the teaching method which most facilitates their learning of clinical procedures. The instructor usually explains a procedure before demonstrating it. She may explain the rationale for the procedure while demonstrating it. These behaviors are dimensions of the instructor who acts as a role model when teaching clinical procedures to students.

Table 22 depicts the teaching behaviors in Factor 5.

Factor 5. The Instructor Who Assists Students to Integrate Theory into the Practice Setting

Variable Label	Teaching Behavior	Factor Loading
TB14	Asks me questions about my patient during the clinical experience	<b>.</b> 83167
TB2	Is knowledgeable about my patient	•44463

Students indicated the instructor who asks them questions about their patients during the clinical experience was very important for their learning. Most students are eager to demonstrate their knowledge about patients. The instructor who uses certain questioning strategies can assist students to apply their knowledge in patient care situations. The instructor who is knowledgeable about patients can assist students to design individualized care plans based on an assessment of each patient's needs. These teaching behaviors describe the instructor who assists students to integrate theory into the practice setting.

After completion of the factor analysis, additional comparisons were made among three teaching behaviors measuring how students' learning is facilitated by different methods of teaching clinical procedures. The nursing instructor may explain clinical procedures herself, may demonstrate clinical procedures herself, or use movies or slides to demonstrate clinical procedures. Of the 18 teaching behaviors, this latter behavior received the lowest mean (5.4493). The means for the instructor who explains and who demonstrates clinical procedures were very similar (6.2070 and 6.2505, respectively). To determine if the means of the three behaviors were significantly different, two-tailed paired t-tests were performed. The results of the t-tests are shown on Table 23.

# Methods of Teaching Clinical Procedures

Variable Label	Teaching Behavior	M	SD	t-Value	Þ
ТВ5	Explains clinical procedures herself	6.2070	1.060		<u> </u>
твб	Demonstrates clinical procedures herself	6.2505	1.137	<b>-</b> 0 <b>.</b> 95	<b>&gt;.</b> 35
ТВ5	Explains clinical procedures herself	6.2070	1.060	<u>, , , , , , , , , , , , , , , , , , , </u>	
ТВ7	Uses movies or slides to demonstrate clinical procedures	5•4493	1.137	12.22	<b>&gt;.</b> 000
тв6	Demonstrates clinical procedures herself	6.2505	1.137		den et al e den name de la della
ТВ7	Uses movies or slides to demonstrate clinical procedures	5.4493	1.137	13.27	<b>&gt;.</b> 000

The t-value between the instructor who explains and/or who demonstrates clinical procedures was -0.95, which is not statistically significant. The t-value between the instructor who explains clinical procedures herself and the instructor who shows movies or slides to demonstrate clinical procedures is 12.22, which is statistically significant. Likewise, the t-value between the instructor who demonstrates clinical procedures herself and the instructor who shows movies or slides to demonstrate clinical procedures is 13.27, which is also statistically significant. This indicates that students' learning is facilitated more by either demonstration or explanation from their nursing instructor than by movies or slides. There is no statistical difference between demonstration and explanation possibly because they rarely occur separately. However, either or both are clearly more facilitating than movies or slides.

The five constructs encompassing the 18 teaching behaviors in this study appear to be hierarchical: a factor analytic program orders the factors with the largest amount of variance accounted for going to Factor 1, next to Factor 2, and so on. The order of these five factors is such that when beginning with Factor 5 and progressing to Factor 1, each can be seen as contributing to the most important overriding goal, the instructor who promotes students' growth and development into the professional nurse role. The five factors and their respective variances are depicted in Table 24.

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Teaching Behaviors of Nursing Instructors in the Clinical Setting that Facilitate the Learning of Baccalaureate Nursing Students

Total variance accounted for 64.5%

% of variance Factor 1. 37.2	The Instructor Who Promotes Students' Growth and Development into the Professional Nurse Role
	Allows me independence as I progress in the clinical experience
	Gives me verbal feedback when I perform correctly during the clinical experience
	Gives me suggestions to improve my performance when I perform incorrectly during the clinical experience
	Is willing to answer my questions
	Makes me want to ask questions
	Demonstrates values concerning patients that I want to incorporate into my own nursing practice
% of variance Factor 2. 9.2	The Instructor Who is a Resource Person for Students in the Clinical Setting
	Is available to me on the clinical unit
	Is accessible to me during the clinical experience
	Is willing to help me
8	Guides me when I am unsure about something

% of variance Factor 3. 6.6	The Instructor Who Creates Meaningful Clinical Learning Experiences for Students
	Allows me time to prepare for the clinical experience
	Prior to the clinical experience, gives me information about my patient
	Uses movies or slides to demonstrate clinical procedures
	Clearly defines the goals and objectives of the entire clinical rotation
% of variance Factor 4. $5.8$	The Instructor Who Acts as a Role Model When Teaching Clinical Procedures to Students
	Demonstrates clinical procedures herself
	Explains clinical procedures herself
% of variance Factor 5. 5.7	The Instructor Who Assists Students to Integrate Theory into the Practice Setting
	Asks me questions about my patient during the clinical experience
	Is knowledgeable

## Personal Characteristics

This portion of the survey measured 14 personal characteristics of nursing instructors in the clinical setting. Students indicated that certain personal characteristics facilitated their learning more than other personal characteristics. A mean and standard deviation was obtained for each personal characteristic. Based on the mean score, the personal characteristics were ranked in descending order of importance to student learning.

Table 25 illustrates not only the distribution of responses for each personal characteristic, but also the mean and standard deviation for each personal characteristic.

## Distribution of Responses for Personal Characteristics

		FA	CILITATED		ARNING	INI	HIBITED	BITED				
Variable Label	Personal Characteristic	GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>		
PCA14	Is patient with nursing students during the clinical experience	398 82.4%	58 1 <i>2</i> %	17 3•5%	2 •4%	2 •4%	2 •4%	4 •8%	6.710	•827		
PCA5	Is organized	385 79•7%	67 13 <b>.</b> 9%	21 4 <b>.</b> 3%	6 1 <b>.</b> 2%	1 • <i>2%</i>	2 •4%	1 • <i>2%</i>	6.696	•738		
PCA 10	Appears to enjoy nursing	350 72 <b>.5%</b>	108 22.4%	18 3•7%	6 1 <b>.</b> 2%	1 • <i>2%</i>			6.656	•633		
PCA1	Is easy for me to approach during the clinical experience	375 77•6%	81 16.8%	14 2•9%	4 •8%	5 1%	3 •6%	1 • <i>2%</i>	6.655	<b>.</b> 802		

Table 25 continues

Variable	Personal Characteristic	LEARNING FACILITATED INHIBITED								
Label		GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
PCA12	Appears to enjoy teaching	340 70 <b>.</b> 4%	118 24.4%	18 z 120/	5 1%	1	1 • <i>2</i> %		6.631	•661
		7 <b>0</b> ∙4%	24 <b>.</b> 4%	3•7%	1%	•2%	• <i>C</i> %			
PCA6	Is able to adapt to unexpected events	336	119	19	7	1		1	6.611	.701
	which may occur during the clinical experience	69 <b>.9%</b>	24.6%	3.9%	1.4%	•2%		•2%		
PCA7	Appears calm during the clinical experience	342	102	25	8	2	1	3	6.571	.852
		70.8%	21.1%	5.2%	1.7%	•4%	•2%	•6%		
PCA8	Is an honest person	349	79	35	18	1	1		6.561	<b>.</b> 826
		72.3%	16.4%	7.2%	3.7%	•2%	•2%			

Table 25 continues

	Personal Characteristic	LEARNING FACILITATED INHIBITED								
Variable Label		GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
PCA13	Is friendly during the clinical experience	319 66%	116 24%	35 7•2%	7 1.4%	1 • <i>2%</i>	3 •6%	2 •4%	6.507	.870
PCA4	Shows compassion towards patients and their families	289 59•8%	132 27 <b>.</b> 3%	41 8.5%	21 4 <b>.</b> 3%				6.427	<b>.</b> 823
PCA11	Shares her personal nursing experiences with nursing students	278 57•6%	147 30•4%	45 9•3%	8 1.7%	4 •8%	1 • <i>2%</i>		6.416	•819
PCA2	Is a kind person	261 54%	153 31 <b>.</b> 7%	50 10•4%	14 2.9%	3 •6%	1 • <i>2</i> %	1 • <i>2</i> %	6.342	•886

Table 25 continues

		LEARNING FACILITATED INHIBITED								
Variable Label	Personal Characteristic	GFL 7	MFL 6	SFL 5	UN 4	SIL 3	MIL 2	GIL 1	M	<u>SD</u>
PCA3	Shows empathy towards nursing students in the clinical experience	281 58 <b>.</b> 2%	127 26 <b>.</b> 3%	53 11%	10 2•1%	4 •8%	4 •8%	4 •8%	6.331	1.040
PCA9	Has a sense of humor	215 44.5%	167 34•6%	67 13•9%	26 5•4%	4 •8%	3 •6%	1 • <i>2</i> %	6.139	1.004

Inspection of the personal characteristics show similar mean values for many characteristics. In addition, a Chronbach alpha of .92 for the 14 items demonstrates a high intercorrelation among the personal characteristics. In order to determine additional relationships among these characteristics, a principal-components factor analysis was done.

The principal-components analysis of the 14 personal characteristics revealed three factors which had eigenvalues above 1. Table 26 shows the three factors and their respective eigenvalues.

### Table 26

Factors Derived From 14 Personal Characteristics

Factor	Eigenvalue
1	6.74826
2	1.18820
3	1.05122

As with the teaching behaviors, the results of the principalcomponents analysis are clear: Each personal characteristic loaded heavily onto a single factor. The third factor contained three personal characteristics. Even though the loading was smaller, one of the three characteristics from the third factor was assigned to another factor because it was similar to other dimensions in the factor. Although the 14 items are intercorrelated at a high level, alpha = .92, nevertheless there are also underlying meaningful subcontructs which are shown in Table 27.

## Subconstructs Derived From 14 Personal Characteristics

Variable			
Label	Factor 1	Factor 2	Factor 3
PCA1	<b>.</b> 81507	<b>.</b> 19973	<b>.</b> 10068
PCA14	<b>.</b> 80924	•33233	•06795
PCA3	<b>.</b> 68867	•33360	<b>.</b> 28373
PCA13	•68688	•48490	.14003
PCA7	<b>.</b> 60562	.17278	•53828
PCA5	•59672	02088	<b>.</b> 52586
PCA2	•57436	• 36847	•31464
PCA9	•24499	•75662	<b>.</b> 16049
PCA11	•23045	•70634	.08164
PCA10	•15290	•69889	•31517
PCA12	• 33323	•58613	•33888
	• > > > > > > > > > > > > > > > > > > >	•)0019	•))000
PCA4	05773	•32145	•73084
PCA8	•25146	<b>.</b> 29 <b>1</b> 31	•64179
PCA6	•46035	<b>.11</b> 107	<b>•</b> 63572

<del>7</del>8

Three expanded tables will be presented to illustrate the item content of the three factors derived from the principal-components analysis. To conceptualize the personal characteristics of each factor into a single construct, the investigator assigned a name to each factor. These names are as follows:

Factor 1. The Instructor Who Creates a Climate Conducive to Students' Learning.

Factor 2. The Instructor Who Exhibits Satisfaction with the Nursing-Teaching Role.

Factor 3. The Instructor Who Shows Concern for and Consideration of Others.

Specific personal characteristic descriptors and their respective factor loadings will appear on each table. A brief discussion and an interpretation of the findings will follow each table presentation.

Table 28 shows the personal characteristics which are dimensions of the instructor who creates a climate conducive to students' learning.

Factor 1. The Instructor Who Creates a Climate Conducive to Students' Learning

Variable Label	Personal Characteristic	Factor Loading
PCA1	Is easy for me to approach during the clinical experience	<b>.</b> 81507
PCA14	Is patient with nursing students during the clinical experience	<b>.</b> 80924
PCA3	Shows empathy towards nursing students in the clinical experience	<b>.</b> 68867
PCA13	Is friendly during the clinical experience	<b>.</b> 68688
PCA7	Appears calm during the clinical experience	<b>.</b> 60562
PCA5	Is organized	•59672
PCA2	Is a kind person	•57436
PCA6	Is able to adapt to unexpected events which may occur during the clinical experience	•46035

The nursing instructor who is easy to approach would be one who is patient with students. Conversely, a patient instructor would be an easy person for students to approach. The instructor who is friendly to students during the clinical experience would be a characteristic that would enhance approachability. The nursing instructor who is a kind person and who shows empathy towards students would make students feel comfortable in the clinical setting.

The instructor who is organized, who adapts to unexpected events which may occur during the clinical experience, and who appears calm during the clinical experience were personal characteristics which measured the organizational ability of the nursing instructor. The instructor who has these characteristics makes students feel secure in an unpredictable clinical environment. Each personal characteristic in Factor 1 is a descriptor of the instructor who creates a climate conducive to students' learning.

Table 29 depicts the personal characteristics which are part of Factor 2.

### Table 29

## Factor 2. The Instructor Who Exhibits Satisfaction with the Nursing-Teaching Role

Variable Label	Personal Characteristic	Factor Loading
PCA9	Has a sense of humor	•75662
PCA11	Shares her personal nursing experiences with nursing students	•70634
PCA10	Appears to enjoy nursing	<b>.</b> 69889
PCA12	Appears to enjoy teaching	•58613

Although the instructor who has a sense of humor received the lowest mean score (6.139) of 14 personal characteristics, it had the highest loading value on Factor 2.

The instructor who shares her personal nursing experiences with students and who appears to enjoy nursing seem equally important for student learning. Perhaps as students are striving to become professional nurses, they identify with the instructor who appears to enjoy nursing. Not nearly as important for student learning is the nursing instructor who appears to enjoy teaching. Each personal characteristic in Factor 2 is a dimension of the instructor who exhibits satisfaction with the nursing-teaching role.

Table 30 illustrates the personal characteristics which are part of Factor 3.

Table 30

Factor 3. The Instructor Who Shows Concern for and Consideration of Others

Variable Label	Personal Characteristic	Factor Loading
PCA4	Shows compassion towards patients and their families	•73084
PCA8	Is an honest person	•64179

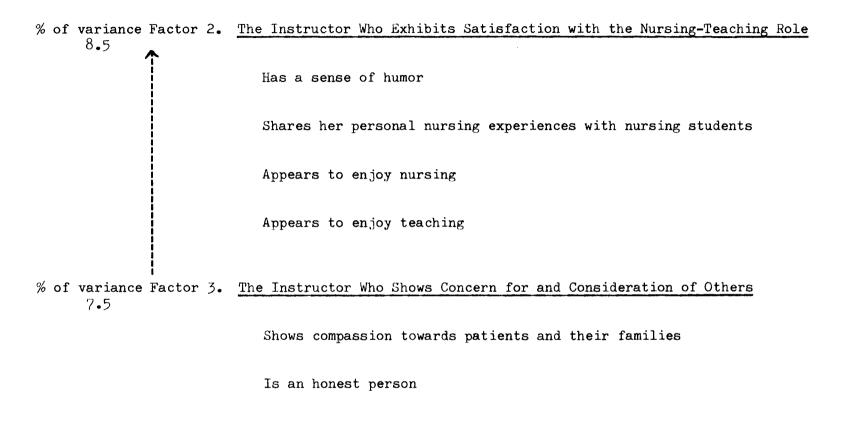
Interpretation of this factor is difficult because the characteristics seem to measure different attributes. The compassionate nurse is one who sympathizes with patients and their families. The compassionate nurse is a gentle, tender person. The nurse who is an honest person would be trustworthy, fair, and equitable. Students indicated both personal characteristics were important for their learning. These personal characteristics are dimensions of the instructor who shows concern for and consideration of others.

The three constructs encompassing the 14 personal characteristics in this study appear to be hierarchical: a factor analytic program orders the factors with the largest amount of variance accounted for going to Factor 1, next to Factor 2, and last to Factor 3. The order of these three factors is such that when beginning with Factor 3 and progressing to Factor 1, each can be seen as contributing to the most important overriding goal, the instructor who creates a climate conducive to students' learning. The three factors and their respective variances are depicted in Table 31.

Personal Characteristics of Nursing Instructors in the Clinical Setting that Facilitate the Learning of Baccalaureate Nursing Students

Total variance accounted for 64.2%

% of variance Factor 1. The Instructor Who Creates a Climate Conducive to Students' Learning 48.2 Is easy for me to approach during the clinical experience Is patient with nursing students during the clinical experience Shows empathy towards nursing students in the clinical experience Is friendly during the clinical experience Appears calm during the clinical experience Is organized Is a kind person Is able to adapt to unexpected events which may occur during the clinical experience



#### CHAPTER V

#### DISCUSSION

#### Summary of the Study and Interpretation of the Findings

Creating a climate for learning in an unpredictable clinical setting is the responsibility of the nursing instructor. To promote effective learning, the instructor must acknowledge that there are multiple variables inherent in clinical teaching over which she has little or no control. For example, students may be anxious because they must apply theoretical knowledge to nursing practice in an environment unlike most other learning environments. Moreover, the nursing instructor may be anxious because she does not have the power to control the learning environment as she does in the classroom setting. The instructor does have the power to control one variable--her own behavior. How she acts, what she says, and what she does may have a profound effect on student learning.

The investigator was concerned with the following issue: Are the teaching behaviors identified in the nursing literature sufficient to define what characterizes the effective clinical instructor? Or are other behaviors necessary for effective clinical teaching?

Senior baccalaureate nursing students were asked to identify teaching behaviors and personal characteristics of nursing instructors in the clinical setting which facilitated and/or inhibited their

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learning. The students identified 20 teaching behaviors and 18 personal characteristics as either facilitating or inhibiting their learning. These items were placed on an instrument with a Likerttype scale in order to measure the degree to which each teaching behavior and personal characteristic facilitated and/or inhibited student learning. The instrument was piloted on 85 senior nursing students from three baccalaureate nursing programs. Data analysis revealed that two teaching behaviors and four personal characteristics were redundant; thus, these items were eliminated from the instrument. The instrument used in the study contained 18 teaching behaviors and 14 personal characteristics of nursing instructors in the clinical setting.

A survey of 483 junior and senior baccalaureate nursing students was conducted to determine the degree to which their learning was facilitated or inhibited by these 18 teaching behaviors and 14 personal characteristics. A mean and standard deviation was obtained for each item. Based on the mean score, the items were ranked in descending order of importance to student learning. A principal-components factor analysis of the 18 teaching behaviors yielded five factors. The principal-components factor analysis of the 14 personal characteristics yielded three factors.

The teaching behaviors and personal characteristics which are dimensions of each factor will be presented and discussed. Comparisons and/or contrasts with the nursing literature will be made.

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## Teaching Behaviors: Five Factors and Comparisons with the Nursing Literature

## Factor 1: The Instructor Who Promotes Students' Growth and Development into the Professional Nurse Role

Six teaching behaviors were dimensions of Factor 1. The teaching behavior with the highest factor loading measured how student learning is influenced by the instructor who permits students to function more independently as the clinical experience progresses. Students stated their learning was facilitated by the nursing instructor who allowed them independence as they progressed in the clinical experience. This finding supports other studies (Bregg, 1958; Jacobson, 1966; Layton, 1969; Wong, 1978; O'Shea & Parsons, 1979; Brown, 1981; Keen & Dear, 1983). Promoting a sense of independence is cited in only 2 of 17 articles written during the 1980s. However, the students indicated this teaching behavior was important for effective clinical teaching.

Two teaching behaviors measured how feedback or reinforcement facilitate student learning. Students stated the nursing instructor who gives them verbal feedback when they perform correctly during the clinical experience facilitated their learning. This supports previous studies in the literature (Jacobson, 1966; Layton, 1969; Mutzebaugh & Dunn, 1976; Wong, 1978; O'Shea & Parsons, 1979; Brown, 1981; Gardner, 1981; Karns & Schwab, 1982; Marson, 1982; Young, 1983). When their instructor praises correct clinical performances, learning is facilitated for students because their efforts to achieve are acknowledged. Students stated the nursing instructor who gives them suggestions to improve their performance when they perform incorrectly during the clinical experience also facilitated their learning. Other investigators cite this behavior as important for effective clinical teaching (Jacobson, 1966; Kiker, 1973; Hardy, 1980; Sheahan, 1980; Griffith & Bakanauskas, 1983).

Two of three teaching behaviors which reflect the role that questioning plays in the learning of nursing students in the clinical area were dimensions of Factor 1. Students stated the instructor who is willing to answer their questions was somewhat more important for their learning than the instructor who makes them want to ask questions. Data analysis indicated the nursing instructor who is willing to answer their questions greatly facilitated learning for 80 percent of students. According to the literature, the nursing instructor who is willing to answer questions promotes effective teaching (Layton, 1969; Lipson, 1972; Wong, 1978; O'Shea & Parsons, 1979; Meleca et al., 1981). However, only 59 percent of students stated their learning was greatly facilitated by the nursing instructor who makes them want to ask questions. Earlier studies by Jacobson (1966) and Busl (1981) confirm that the instructor who makes students feel free to ask questions is an effective teaching behavior.

The final teaching behavior on Factor 1 measured how the nursing instructor's values affect student learning. Students stated the instructor who demonstrates values concerning patients that they want to incorporate into their own nursing practice facilitated their learning. The nursing instructor exhibits values which make her a role model for her students. Imitation of and identification with

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the nursing instructor, which is important for students' socialization into the professional nurse role, is well-documented in the literature in numerous studies (Hall, 1959; Jourard, 1964; Spalding, 1964; Hassenplug, 1965; Barham, 1965; Jacobson, 1966; Lowery et al., 1971; Wood, 1971; Lipson, 1972; Kiker, 1973; Mutzebaugh & Dunn, 1976; O'Shea & Parsons, 1979; Sheahan, 1980; Wong, S., & Wong., 1980; Brown, 1981; Gardner, 1981; Grassi-Russo & Morris, 1981; Meleca et al., 1981; Marson, 1982; Griffith & Bakanauskas, 1983). Each cited specific behaviors; however, all categorized these behaviors under the general concept of role modeling. The nursing instructor who is a role model for students is the teaching behavior cited most frequently in the literature as essential for effective clinical teaching.

Factor 1, the instructor who promotes students' growth and development into the professional nurse role, was the most important factor of 18 teaching behaviors in this study. In fact, 37.2 percent of the variance was accounted for by Factor 1. In clinical teaching situations, it would be most important for the nursing instructor to demonstrate the six teaching behaviors which are dimensions of Factor 1. For example, the instructor should allow students independence as they progress in the clinical experience. She should give students verbal feedback for correct performances and suggestions for improvement for incorrect performances. She would promote student development into the professional nurse role by answering students' questions and by making students want to ask questions. Lastly, the instructor should demonstrate values concerning patients that students want to incorporate into their own nursing practice.

## Factor 2: The Instructor Who is a Resource Person for Students in the Clinical Setting

Four teaching behaviors were dimensions of Factor 2. Each behavior shows how essential it is for nursing instructors to offer support to students in the clinical setting. The teaching behavior on this factor that most facilitated student learning was the nursing instructor who is available to students on the clinical unit. Similarly, the instructor who is accessible during the clinical experience was very important for student learning. These findings support several earlier studies (Barham, 1965; Jacobson, 1966; Kiker, 1973; Wong, 1978; O'Shea & Parsons, 1979; Gardner, 1981; Karns & Schwab, 1982; Marson, 1982).

The nursing instructor who is willing to help students and who guides them when they are unsure about something are two teaching behaviors which facilitated student learning. O'Shea & Parsons (1979) and Stephenson (1984) stated the nursing instructor who is willing to help students promotes effective clinical teaching. Jacobson (1966) found that the effective nursing instructor gives guidance and support to nursing students in difficult situations.

Factor 2, the instructor who is a resource person for students in the clinical setting, was the second most important factor in this study, accounting for 9.2 percent of the variance. The nursing instructor should be available and accessible to her students. She should be willing to help them and guide them when they are unsure about something. All four teaching behaviors make the instructor a resource person for her students.

## Factor 3: The Instructor Who Creates Meaningful Clinical Learning Experiences for Students

Three teaching behaviors indicated how student learning was influenced by the nursing instructor who uses specific techniques which assist students to prepare for clinical experiences. Nursing students stated the instructor who allows them time to prepare for the clinical learning experience facilitated their learning. This supports earlier studies conducted during the 1960s (Spalding, 1964; Skinner, 1964; Jacobson, 1966). Although the specific teaching behavior, time to prepare, has not been cited since 1966, students in this study indicated this behavior was important for effective clinical teaching.

The instructor who gives them information about their patients prior to the clinical experience facilitated students' learning. Only O'Shea & Parsons (1979) cite a similar behavior, the instructor who plans assignments, as important for effective clinical teaching. Clear definitions of the goals and objectives of the entire clinical rotation by the nursing instructor facilitated learning for all students in this study. Previous studies indicate that setting objectives is important for teaching effectiveness (Spalding, 1964; Skinner, 1964; Barham, 1965; Jacobson, 1966; O'Shea & Parsons, 1979; Sheahan, 1980; Wong, S., & Wong, J., 1980; Meleca et al., 1981; Marson, 1982; Young, 1983).

Factor 3, the instructor who creates meaningful clinical learning experiences for nursing students, was the third most important factor in this study, accounting for 6.6 percent of the variance. Allowing students time to prepare for clinical experiences, as well as giving them information about their patients prior to the clinical experiences, are behaviors that promote meaningful learning. Clear definitions of the goals and objectives of the entire clinical rotation by the instructor also makes clinical learning experiences more meaningful.

One additional teaching behavior loaded onto Factor 3: the instructor who uses movies or slides to demonstrate clinical procedures. This behavior does not seem similar to the others; perhaps the loading on this factor stems from students having interpreted this to mean they could prepare for their clinical experiences by viewing media of specific procedures which were suggested by their instructor. Thus, the opportunity to view movies or slides might be seen by students as <u>created</u> by the instructor in the same sense as the other items in this factor even though the instructor did not literally create the instructional media.

## Factor 4: The Instructor Who Acts as a Role Model When Teaching Clinical Procedures to Students

Two teaching behaviors were dimensions of Factor 4: the instructor who demonstrates clinical procedures herself and the instructor who explains clinical procedures herself. Students indicated that demonstration by their nursing instructor was the teaching method most preferred for learning clinical procedures. This supports other studies which state that the demonstration of skills is important for effective clinical teaching (Jacobson, 1966; Stevens, 1976; Sheahan, 1980; Hardy, 1980; Coles et al., 1981; Gardner, 1981). Explanation, which usually occurs with demonstration, also is supported by Stevens (1976) and Gardner (1981) as an effective clinical teaching method.

Some nursing instructors neither explain nor demonstrate clinical procedures. Instead, their students must view these procedures on movies, slides, or filmloops. It is interesting to note that the movies or slides item did not load onto the same factor as demonstration and explanation, indicating students do not find the procedures equivalent. In addition, the mean rating for movies and slides was lower than the other two methods. A two-tailed t-test comparing demonstration and/or explanation with the use of movies or slides revealed significant differences favoring demonstration and explanation by their nursing instructor rather than movies or slides for students in this study. Based on these findings, nursing instructors who do not demonstrate clinical procedures should consider the importance of role modeling in the learning of psychomotor skills. Movies and slides of clinical procedures should be used as an adjunct to, not as a substitute for, the demonstration of these procedures by a live model, the clinical instructor herself.

Factor 4, the instructor who acts as a role model when teaching clinical procedures to students, was the fourth most important factor, accounting for 5.8 percent of the variance. Two teaching behaviors emerged as dimensions of this factor: the instructor who demonstrates clinical procedures herself; and, the instructor who explains clinical procedures herself.

## Factor 5: The Instructor Who Assists Students to Integrate Theory into the Practice Setting

Two teaching behaviors were dimensions of Factor 5. One behavior concerned the role that questioning plays in the learning of nursing students in the clinical setting. The instructor who asks students questions about their patients greatly facilitated learning for only 52 percent of the students. This behavior is cited as important for effective clinical teaching in the recent literature (Wong, S., & Wong, J., 1980; Craig & Page, 1981; Meleca et al., 1981; Marson, 1982). This behavior loaded heavily onto Factor 5. However, if the five factors are considered hierarchical, the instructor who asks students questions is not as important for student learning as two teaching behaviors which are dimensions of Factor 1: the instructor who is willing to answer students' questions; and, the instructor who makes students want to ask questions.

Results of this study lend support to the investigator's belief that the nursing instructor who asks students questions about their patients does not facilitate learning as much as being willing to answer students' questions. Some nursing students have said they are so nervous during the clinical experience they forget everything they know when questioned by their instructor. Their learning may be inhibited because their anxiety is increased. The instructor should refrain from questioning such students until they become more comfortable in the clinical setting. Other nursing students are eager to answer questions about their patients. The instructor should use various questioning strategies to promote learning in students who seem to feel at ease in the clinical setting. Recognizing individual differences in how students learn is essential for effective clinical teaching.

The instructor who is knowledgeable about students' patients was a dimension of Factor 5. This is an effective clinical teaching behavior well-documented in the literature (Hassenplug, 1965; Jacobson, 1966; O'Shea & Parsons, 1979; Gardner, 1981; Karns & Schwab, 1982; Marson, 1982).

Factor 5, the instructor who assists students to integrate theory into the practice setting, was the least important factor in this study, accounting for 5.7 percent of the variance. The instructor who asks students questions about their patients and who is knowledgeable about students' patients are the two teaching behaviors that are dimensions of Factor 5.

To summarize, the five factors which encompass the 18 teaching behaviors in this study appear to be hierarchical. When beginning with Factor 5 and progressing to Factor 1, each factor contributes to the most important overriding goal, the instructor who promotes students' growth and development into the professional nurse role.

## Personal Characteristics: Three Factors and Comparisons with the Nursing Literature

## Factor 1: The Instructor Who Creates a Climate Conducive to Students' Learning

Eight personal characteristics loaded onto Factor 1. The nursing instructor who is easy to approach during the clinical experience was the most important characteristic for student learning. The instructor who is approachable facilitates student learning according to recent studies (Marson, 1982; Stephenson, 1984). The nursing instructor who is patient with students during the clinical experience facilitated learning for students in this study. Being patient is a characteristic of effective clinical teaching found in earlier studies (Jacobson, 1966; O'Shea & Parsons, 1979; Marson, 1982).

The nursing instructor who shows empathy towards nursing students in the clinical experience facilitated students' learning. Empathic behavior towards students is described in several studies as a trait of effective clinical teaching (Bregg, 1958; Barham, 1965; Jacobson, 1966; Layton, 1969; Lowery et al., 1971; Wood, 1971; Kiker, 1973; Wong, 1978; O'Shea & Parsons, 1979; Coles et al., 1981; Grassi-Russo & Morris, 1981; Karns & Schwab, 1982; Marson, 1982; Griffith & Bakanauskas, 1983).

Students indicated the nursing instructor who is friendly during the clinical experience facilitated their learning. Friendliness is cited as a characteristic of effective clinical teaching in three studies (O'Shea & Parsons, 1979; Marson, 1982; Stephenson, 1984). Three personal characteristics measured the nursing instructor's organizational ability. The instructor who is organized facilitated student learning and is considered an effective clinical teaching characteristic in several studies (Spalding, 1964; Skinner, 1964; Jacobson, 1966; Kiker, 1973; Sheahan, 1980; Wong, S., & Wong. J., 1980; Meleca et al., 1981; Marson, 1982; Young, 1983). Students stated the instructor who is able to adapt to unexpected events which may occur during the clinical experience facilitated their learning. This personal characteristic was cited specifically by Jacobson (1966) who wrote that an effective nursing instructor can "plan experiences for students when new and unexpected learning situations occur" (p. 223). The nursing instructor who appears calm during the clinical experience facilitated student learning. Calmness is cited as a characteristic of effective clinical teaching in other studies (Barham, 1965; Jacobson, 1966; Lowery et al., 1971; Blainey, 1980).

Students in this study indicated their learning was facilitated by the instructor who is a kind person. However, kindness is not cited in the literature as a characteristic of effective clinical teaching.

Factor 1, the instructor who creates a climate conducive to students' learning, was the most important factor of 1<sup>4</sup> personal characteristics in this study. In fact, 48.2 percent of the variance was accounted for by Factor 1. In clinical teaching situations, it would be most important for the nursing instructor to demonstrate the eight personal characteristics that are dimensions of Factor 1. For example, the instructor should be a person students can easily approach. Being patient, empathic, and friendly towards nursing students helps create a climate conducive to learning. In addition, the instructor who is organized, calm, and able to adapt to unexpected events during the clinical experience creates a climate conducive to learning. The students stated that kindness is another personal characteristic of their nursing instructor that is important for effective clinical teaching.

## Factor 2: The Instructor Who Exhibits Satisfaction with the Nursing-Teaching Role

Four personal characteristics were dimensions of Factor 2. The nursing instructor who has a sense of humor loaded most heavily onto this factor and is a characteristic of effective clinical teaching consistently cited in the literature (Jacobson, 1966; Wood, 1971; Kiker, 1973; Gardner, 1981; Marson, 1982).

Three personal characteristics measured how the instructor who shares her personal nursing experiences with students, who appears to enjoy nursing, and who appears to enjoy teaching facilitated student learning. The instructor who shares her personal nursing experiences with students facilitated their learning. This finding is supported by Sheahan (1980) who wrote that the instructor who shares her own nursing experiences facilitates student learning. Students stated their learning was facilitated by the instructor who appears to enjoy nursing. This personal characteristic is well-documented in the literature (Jourard, 1964; Spalding, 1964; Hassenplug, 1965; Jacobson, 1966; Wood, 1971; Gardner, 1981; Marson, 1982; Griffith & Bakanauskas, 1983). Factor 2, the instructor who exhibits satisfaction with the nursing-teaching role, was the second most important factor in this study, accounting for 8.5 percent of the variance. The instructor who has a sense of humor, who shares her personal nursing experiences with students, and who appears to enjoy nursing and teaching are dimensions of this factor.

## Factor 3: The Instructor Who Shows Concern for and Consideration of Others

Two personal characteristics were dimensions of Factor 3: the instructor who shows compassion towards patients and their families; and, the instructor who is an honest person. The nursing instructor who shows compassion towards patients and their families facilitated student learning. Compassion is described as a factor in effective clinical teaching in four studies (Jacobson, 1966; Lowery et al., 1971; Wood, 1971; Brown, 1981).

Nursing students in this study indicated the instructor who is an honest person facilitated their learning. This personal characteristic does not appear in the literature as a component of effective clinical teaching.

Factor 3, the instructor who shows concern for and consideration of others, was the least important factor of the personal characteristics in this study. It accounted for 7.5 percent of the variance. The instructor who shows compassion towards patients and families and who is an honest person, which are dimensions of Factor 3, are not as important for learning as the personal characteristics in Factor 1 and Factor 2.

To summarize, the three factors that encompass the 14 personal characteristics in this study appear to be hierarchical. When beginning with Factor 3 and progressing to Factor 1, each factor contributes to the most important overriding goal, the instructor who creates a climate conducive to students' learning.

### Implications for Nursing Education

Clinical teaching is unique to nursing and other health care professions. However, the nursing literature contains few tools that measure clinical teaching effectiveness. Moreover, only three recent studies are concerned solely with nursing students' identification of behaviors and characteristics necessary for effective clinical teaching (Grassi-Russo & Morris, 1981; Coles et al., 1981; Marson, 1982). The majority of earlier studies relied on faculty perceptions of behaviors and characteristics necessary for effective clinical teaching rather than direct student report.

A study of baccalaureate nursing students was conducted to determine whether teaching behaviors of nursing instructors in the clinical setting identified in the literature are sufficient for effective clinical teaching or whether other behaviors are necessary for effective clinical teaching. The study measured how student learning was facilitated by 18 teaching behaviors and 14 personal characteristics of nursing instructors in the clinical setting. The study differs from many recent studies because it is concerned only with students' perceptions of those teaching behaviors and personal characteristics of nursing instructors in the clinical setting that facilitate their learning.

All 18 teaching behaviors of nursing instructors in the clinical setting identified by nursing students as facilitating their learning were supported by the literature. Twelve of 14 personal characteristics of nursing instructors in the clinical setting identified by nursing students as facilitating their learning were supported by the literature. However, students in this study cited two personal characteristics not supported by the literature as characteristics which facilitated their learning: the nursing instructor who is a kind person; and, the nursing instructor who is an honest person.

The nursing instructor who is a kind person loaded onto Factor 1, the instructor who creates a climate conducive to students' learning. Synonyms for a kind person are as follows: good, warmhearted, humane, considerate, charitable, helpful, and showing sympathy and understanding. In this study, 54 percent of students stated the nursing instructor who is a kind person greatly facilitated their learning while 32 percent of students stated the kind instructor moderately facilitated their learning. Clearly, the nursing instructor who is a kind person is important for student learning in the clinical setting.

The nursing instructor who is an honest person loaded onto Factor 3, the instructor who shows concern for and consideration of others. Synonyms for the honest person are as follows: genuine, not taking advantage of, equitable, and fair. In this study, 72 percent of students stated the instructor who is an honest person greatly facilitated their learning while nearly 17 percent of students stated the honest instructor moderately facilitated their learning. Clearly, the nursing instructor who is an honest person is important for student learning in the clinical setting.

To summarize, 96 percent of students in this study stated that the nursing instructor who is a kind person facilitated their learning in the clinical setting. Similarly, 97 percent of students in this study stated that the nursing instructor who is an honest person facilitated their learning in the clinical setting. Based on the findings of this study, kindness and honesty appear to be important personal characteristics necessary for effective clinical teaching.

Other investigators have not identified kindness and honesty as personal characteristics important for effective clinical teaching. The reasons why students in this study identified kindness and honesty as personal characteristics of nursing instructors that are necessary for effective clinical teaching are not known. Showing kindness means that one has to consider another person's feelings. Similarly, the instructor who is an honest person is genuine. She is a fair person who does not take advantage of others. The investigator speculates that nursing students yearn for an instructor who is not only a kind person but also an honest person. This may stem from the fact that kindness and honesty often are not evident in society. Therefore, nursing students want nursing instructors, as their role models, to be kind and honest people.

This study reveals that, for the most part, the teaching behaviors and personal characteristics identified in the nursing literature are sufficient to define what characterizes the effective clinical instructor. However, two personal characteristics not identified in the nursing literature seem necessary for effective clinical teaching: kindness and honesty.

Nurse educators who teach baccalaureate nursing students in the clinical setting should try to use these behaviors of effective clinical teaching. Moreover, nursing instructors should make every effort to exhibit the personal characteristics identified in this study as necessary for clinical teaching effectiveness. In order to know if instructors are using the teaching behaviors and personal characteristics of effective clinical teaching, instructors should be evaluated on their behaviors. An evaluation tool incorporating these teaching behaviors and personal characteristics could be designed. Students could indicate whether the nursing instructor demonstrated each behavior or characteristic. Using this evaluation tool would be a valid indicator of clinical teaching effectiveness. Some schools of nursing use tools from other disciplines or tools which measure classroom teaching effectiveness to evaluate clinical teaching. However, such tools are not valid because they do not contain all the teaching behaviors and personal characteristics peculiar to and necessary for effective clinical teaching.

## Recommendations for Further Study

A non-probability convenience sample of baccalaureate nursing students from seven institutions in northern Illinois was selected for this study. Therefore, the findings are not generalizable to nursing students in other parts of the country. Recommendations for further study are as follows:

Replicate the study using a cluster sampling of baccalaureate institutions throughout the United States. To enhance generalizability, choose a random sample of institutions within each cluster. Compare the means of each teaching behavior and personal characteristic with the means for these items in the original study. Perform a principalcomponents factor analysis to determine if similar factors emerge. Ascertain whether students select similar teaching behaviors and personal characteristics as dimensions of particular factors. Compare these findings with the results of the original study.

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APPENDIX A

#### CONSENT FORM

Dear Junior or Senior Nursing Student,

I am conducting a research survey about nursing instructors. I would like to know <u>how your learning is affected by certain teach-</u> ing behaviors and personal characteristics of nursing instructors in the clinical setting.

Participation in this study is <u>voluntary</u>. You are not required to participate and your grade in this course will not be affected. If you choose to participate, you will remain <u>ANONYMOUS</u>. You cannot be identified in any way since you will tear off this consent form and place it in a separate box from your questionnaire. You may withdraw from participation at any time.

I freely and voluntarily consent to my participation in the research project.

(Signature of Investigator)

(Signature of Student)

(Date)

For the purpose of this survey, definitions are given for the following terms:

TEACHING BEHAVIORS: Actions by a nursing instructor which impart information and skill in the clinical setting.

FACILITATING LEARNING: Teaching behaviors of a nursing instructor which make your learning easier in the clinical setting.

**INHIBITING LEARNING:** Teaching behaviors of a nursing instructor which interfere with your learning in the clinical setting.

PERSONAL CHARACTERISTICS: Individual traits or qualities of a nursing instructor.

FACILITATING LEARNING: Personal characteristics of a nursing instructor which make your learning easier in the clinical setting.

**INHIBITING LEARNING:** Personal characteristics of a nursing instructor which interfere with your learning in the clinical setting.

# DIRECTIONS: After each TEACHING BEHAVIOR, place an "x" in the box indicating to what degree your learning is either FACILITATED OR INHIBITED

TEACHING BEHAVIORS The nursing instructor who	Moderately Facilitates My Learning	Facilitates		Moderately Inhibits My Learning	Greatly Inhibits My Learning
Clearly defines the goals and objec- tives of the entire clinical rotation					
Is knowledgeable about my patient					
Prior to the clinical experience, gives me information about my patient					
Allows me time to prepare for the clinical experience					
Explains clinical procedures herself					
Demonstrates clinical procedures herself					
Uses movies or slides to demon- strate clinical procedures					
Is accessible to me during the clinical experience					· ·
Is available to me on the clinical unit					

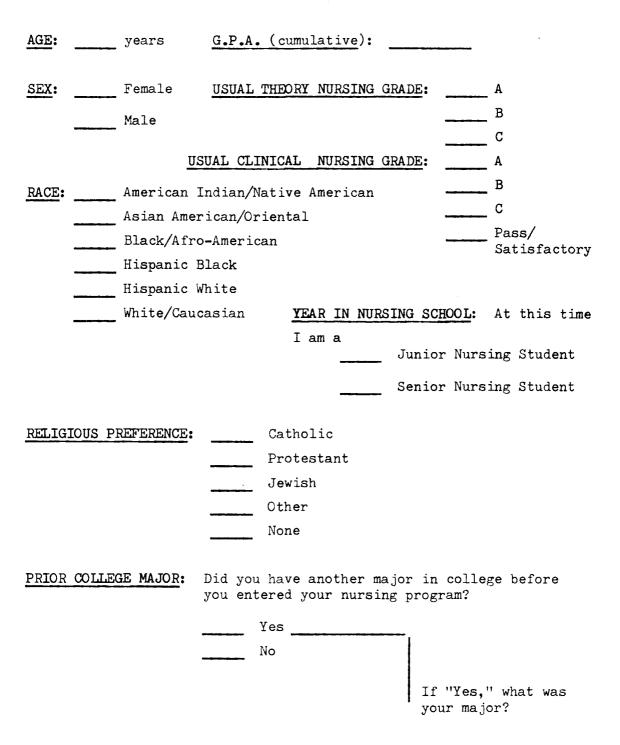
TEACHING BEHAVIORS The nursing instructor who	Greatly Facilitates My Learning	Moderately Facilitates My Learning	Uncertain	Somewhat Inhibits My Learning	Moderately Inhibits My Learning	Greatly Inhibits My Learning
Is willing to help me						
Guides me when I am unsure about something						
Makes me want to ask questions						
Is willing to answer my questions						
Asks me questions about my patient during the clinical experience						
Gives me verbal feedback when I perform correctly during the clinical experience						
Gives me suggestions to improve my performance when I perform incorrectly during the clinical experience						
Allows me independence as I progress in the clinical experience						
Demonstrates values concerning patients that I want to incor- porate into my own nursing practice						

DIRECTIONS: After each PERSONAL CHARACTERISTIC, place an "X" in the box indicating to what degree your learning is either FACILITATED OR INHIBITED.

PERSONAL CHARACTERISTICS The nursing instructor who	Greatly Facilitates My Learning	Moderately Facilitates My Learning	Somewhat Facilitates My Learning	Uncertain	Somewhat Inhibits My Learning	Moderately Inhibits My Learning	Greatly Inhibits My Learning
Is easy for me to approach during the clinical experience							
Is a kind person							
Shows empathy towards nursing students in the clinical experience							
Shows compassion towards patients and their families							
Is organized							
Is able to adapt to unexpected events which may occur during the clinical experience							
Appears calm during the clinical experience							
Is an honest person							
Has a sense of humor							

PERSONAL CHARACTERISTICS The nursing instructor who	Greatly Facilitates My Learning	Moderately Facilitates My Learning	Somewhat Facilitates My Learning	Somewhat Inhibits My Learning	Moderately Inhibits My Learning	Greatly Inhibits My Learning
Appears to enjoy nursing						
Shares her personal nursing experiences with nursing students						
Appears to enjoy teaching						
Is friendly during the clinical experience						
Is patient with nursing students during the clinical experience						

Please answer the items below. They are for statistical purposes only.



APPENDIX B

6146 West Melrose Street Chicago, Illinois 60634 March 12, 1986

For my doctoral dissertation, (Ed.D.), I am conducting a survey of baccalaureate nursing students to determine their perceptions of the teaching behaviors and personal characteristics of nursing instructors which facilitate or inhibit their learning in the clinical setting. The proposal has received full approval from the I.R.B. at Loyola. It will pose no risk to either the student or the instructor as all data will be "pooled" and thus individual confidentiality of responses will be protected. Both student and instructor will sign a consent form. Your school will not be identified.

Would it be possible for me to collect data at your school? I am interested in collecting data on both senior and junior generic nursing students because I wish to compare the two groups. I can guarantee you that I would need only 5 minutes at the end of class time to explain, distribute, and administer this tool. I piloted a much longer version of this tool, and the average time for completion was then 6 minutes. The present tool contains just 32 short statements. All the students need to do is to place an "x" in the box of their choice on a Likert-type scale. It's kind of fun for the students to do, too!

I would very much like to collect my data during April and May, 1986, before the present seniors graduate. I would collect the data on the junior students during this same time framework. I will be in touch with you by telephone during the week of March 17-21 or March 24-28 to see if I could set up a date/dates and time/times with you to collect data at your school. If you are not the individual who handles the requests of this nature, would you kindly refer this to the proper person. Please also feel free to ask me any questions at the time I call you. At the end of this project, I will be happy to share the results with you. Thank you very much for your cooperation in this matter.

Sincerely,

Patricia Ruttkay, R.N., M.S.N. Doctoral Candidate Loyola University School of Education

#### APPROVAL SHEET

The dissertation submitted by Patricia Ruttkay has been read and approved by the following Committee:

> Dr. Martha Ellen Wynne, Director Associate Professor, Counseling and Educational Psychology, Loyola

Dr. Steven I. Miller Professor, Foundations, Loyola

Dr. Ronald Morgan Associate Professor, Chairperson of Foundations, Loyola

Dr. Carol G. Harding Associate Professor, Counseling and Educational Psychology, Loyola

The final copies have been examined by the director of the dissertation and the signature which appears below verifies the fact that any necessary changes have been incorporated and that the dissertation is now given final approval by the Committee with reference to content and form.

The dissertation is therefore accepted in partial fulfillment of the requirements for the degree of Doctor of Education.