



# Visiting A Hindu Temple

THEO 299: Religions of Asia

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## Introduction

As part of THEO 299, students look at Asian religions through history, theology, sociology, philosophy, and anthropology. Students will then combine what they have learned in class and real world experience by visiting a religious site, in my case, ISKCON Chicago, a Hindu temple, and write paper about what you have learned. ISKCON Chicago has been part of the community since 1979 and is part of the Hare Krishna movement that started thousands of years ago. This movement is about inclusiveness and uses music, meditation, karma-free food, amongst other things to become spiritual. (<https://www.iskconchicago.com/about/iskcon-chicago/>)

## Why Does it Matter?

Religion plays a large role in identity, which means it plays a large role in culture, politics, and life in general. It is important to interact with different religious communities outside of the class room, as personal connection can be a great tool for understanding and acceptance. Additionally, it is important to learn about other religions as it helps breakdown negative stereotypes and lead to a healthier and stronger community.

